

This form is provided to the parent/guardian, in conjunction with Appendix C1 - Tool to Identify a Suspected Concussion

MONITORING FORM		
Student name impact to the head, face or neck or elsewhere on the individual responsible for that student suspects a continuous cont	<b>3</b> \	sustained a significant reported), and the
Results of initial assessment using Tool to	Identify a Suspect	ed Concussion:
NO SIGNS OR SYMPTOMS OBSERVED AT T Signs or symptoms can occur later within a to participate in physical activity for a 2 parent/guardian is to monitor their child Suspected Concussion (Appendix C1 student/athlete while at school.	a 24-hour period. You 2 <b>4-hour period</b> . Wh using the <i>Tool to</i>	nile at home o <i>Identify a</i>
Actions: If no signs/symptoms occur du parent/guardian is to complete the Results of Mc Documentation of Monitoring/Documentation of D2) to the principal after the monitoring period in	onitoring section and Medical Assessme	submit the
Results of Monitoring		
As the parent/guardian, my child has been observed.	observed for the 24-h	our period, and no
Parent/Guardian Signature:	<b>D</b> a	ate:
Comments:		

If signs or symptoms are observed within the 24-hour monitoring period, please fill out the Medical Assessment Form to follow.

## **MEDICAL ASSESSMENT FORM**

Studer	nt Name: Date:		
poss scho	r child must be seen by a medical doctor or nurse practitioner as soon as sible with the results of Medical Examination form (to follow) returned to the pol principal after medical assessment.  NS OR SYMPTOMS were observed or reported by the individual responsible your		
	child		
Res	ults of Medical Assessment (to be completed by the Parent/Guardian)		
	My child has been examined and <u>a concussion has not</u> been diagnosed and therefore may resume full participation in learning and physical activity with no restrictions.		
	My child has been assessed and a concussion has not been diagnosed but the assessment led to the following diagnosis and recommendations:		
•			
	My child has been examined and <u>a concussion has been diagnosed</u> and therefore must begin a medically supervised, individualized and gradual Return to School (RTS) and Return to Physical Activity (RTPA) Plan (Appendix E1 and E2)		
	Medical Doctor/Nurse Practitioner providing assessment		
Nam	e:		
Phoi	ne Number:		
	Parent/Guardian		
Parent	/Guardian Signature: Date:		
Comme	ents:		

The information provided on this form is collected pursuant to the Board's education responsibilities as set out in the Education Act and its regulations. This information is protected under the Municipal Freedom of Information and Protection of Privacy Act (MFIPPA) and will be utilized only for the purpose of managing student learning and well-being. Access to this information will be limited to those who have an administrative need, to the student to whom the information relates and the parent(s)/guardian (s) of a student who is under 18 years of age. Any questions with respect to this information should be directed to the school principal.

Reproduced and adapted with permission from Ophea, [Ontario Physical Education Safety Guidelines, 2018]