



## Appendix H: Concussion Awareness Resources for School Staff

Approved Concussion Awareness Resources: <https://www.ontario.ca/page/rowans-law-concussion-awareness-resources>.

### **Concussion Safety: Learn how to prevent, identify, and manage concussions**

School boards are strongly encouraged to use the government's Concussion Awareness Resources on the government's concussion website: <https://www.ontario.ca/page/rowans-law-concussion-safety>.

### **Concussion Awareness Resources to Support Annual Training**

To support the annual training, the government's Concussion Awareness Resources are available on the government's concussion website: <https://www.ontario.ca/page/rowans-law-concussion-safety>.

### **OPHEA'S Concussion Identification, Management and Prevention for Schools e-Learning module**

The Ministry of Education also funded the development of a Concussion Identification, Prevention and Management e-Learning module *for school staff*. Developed by Ophea, the e-learning module is being updated to be consistent with *Rowan's Law* and PPM 158 in time for the implementation of the updated PPM 158: <https://www.ophea.net/node/6944>.

**Sample Concussion Protocols and Codes of Conduct Templates**, which are geared to the roles and responsibilities of the individuals involved in board-sponsored interschool sports, have been developed by Ophea for use by schools and school boards: <https://safety.ophea.net/concussions>.

**Gradual return to learning and return to physical activity Return to School Plan**  
<https://safety.ophea.net/concussion-protocols>.

### **What resources are available to support boards to update and implement PPM 158?**

1. Concussion Website: <https://www.ontario.ca/page/rowans-law-concussion-safety>.
2. Rowan's Law E Booklets <https://www.ontario.ca/page/rowans-law-concussion-awareness-resources#section-4>.
3. Concussion Awareness Resources: <https://www.ontario.ca/page/rowans-law-concussion-awareness-resources#section-4>.

4. Ministry of Education Concussion Web page: <http://www.edu.gov.on.ca/eng/healthyschools/concussion.html>.
5. Ontario Government's Concussion Awareness Resources: <https://www.ontario.ca/page/rowans-law-concussion-awareness-resources#section-4>.
6. Ontario Physical Activity Safety Standards in Education (OPASSE) concussion protocol: consistent with *Rowan's Law* and the updated PPM 158: <https://safety.ophea.net/tools-resources/concussions>.
7. Concussion E Learning Module for School Staff: <https://www.ophea.net/node/6944>.

### **What resources are available to support Rowan's Law Day?**

1. To recognize *Rowan's Law Day*, schools are encouraged to consult the government of Ontario's concussion website which includes tools such as Ontario Government's Concussion Awareness Resources and downloadable posters: <https://www.ontario.ca/page/rowans-law-concussion-safety#section-5>.
2. The government also developed a public service announcement video for the *Rowan's Law* awareness campaign: <https://www.youtube.com/watch?v=UvBDdBoLKjg>.
3. The *Rowan's Law Day Toolkit for Schools* contains sample tools to recognize Rowan's Law Day in schools and to encourage conversation and raise awareness among students, staff and the school community about concussion safety: <https://teachingtools.ophea.net/supplements/rowans-law-day-toolkit-schools>.
4. Ontario Physical Activity Safety Standards in Education: <https://safety.ophea.net/tools-resources/concussions>.