

April Newsletter

St. Ann Catholic School

Dear God:

Spring is a metaphor for change. Some changes we eagerly await, and some we abhor. Some changes we plan and others arrive uninvited. To all these changes, we ask the gift of Your perspective beckoning us to expectation, hope, and rebirth.

May the sunlight and the rain be reminders that You are at work renewing the earth. As a God of renewal, You are ever at work in our lives, too.

Open our eyes and lives to the needed changes in our lives this Spring. Awaken us to new life and perspective, for we pray in Jesus' name.

Amen.

Transition

April 6th is the return to school date for students transitioning from Online to in-class learning!

Lockdown Practice

St. Ann Catholic will have a final lockdown practice on April 30th. Additional notifications will be sent through SchoolMessenger closer to the 30th.

1st Reconciliation

Our Grade Two students will have their First Reconciliation on April 20th at 9:30AM. Unfortunately, No parents are allowed to participate due to Covid Restrictions.

Star of the Sea

Easter Masses at Star of the Sea Church are reserved to ticket holders as a result of continuing capacity limits. As of this message, the Easter Vigil on Saturday, April 3rd is FULL, as is the 10:00 a.m Easter Sunday Mass. Spaces remain for the 8:30 and 11:30 a.m. Easter Sunday Masses and may be reserved by telephoning the parish office: 905-934-1170"

Niagara Region Public Health School Health Newsletter



For Parents

COVID-19 Updates

- For information regarding schools and COVID-19, including screening, symptoms, prevention and protection measures, visit <https://www.niagararegion.ca/health/covid-19/reopen/schools.aspx>
- If you have general COVID-19 questions, you can also speak with health care professional seven days a week 9:15am to 4:15pm 905-688-8248 or 1-888-505-6074, press 7

Vaccine Rollout

- For more information on distribution and eligibility please visit [Niagara Public Health COVID-19 Vaccination](#)

April is Oral Health Month!

- Public Health recommends that children's teeth should be brushed twice daily for two minutes with a pea sized amount of fluoride toothpaste to prevent cavities
- Children under the age of three should have their teeth brushed by an adult, using a rice grain sized portion of fluoride toothpaste until the child can spit out
- Parents and caregivers with children under six years should apply the toothpaste to the toothbrush and supervise to ensure proper brushing

For more information, visit https://www.niagararegion.ca/living/health_wellness/dental/prevent-cavities.aspx

School Dental Screening Updates

- Due to COVID-19, public health dental staff have not been able to provide school dental screenings in the 2020-2021 school year
- If your child is experiencing dental pain or discomfort, please connect with our dental program through the [Niagara Region Public Health dental website](#) or call the Dental Health Line at 905-688-8248 or 1-888-505-6074 ext. 7399

Niagara Parents Promo

Children come in different shapes, sizes and grow at different rates. A child's growth depends on genetics (how their parents grew).

Your child may be taller or shorter, bigger or smaller than other children. Height and weight changes generally follow a regular pattern that is right for your child.

Do you have questions about your child's growth and development?

Connect with Niagara Parents to speak with a public health nurse: niagararegion.ca/parents

For School Staff

Low Threshold for Covid-19 Symptoms

We want to remind staff to continue to have a low threshold for symptoms. Staff should stay home, self-isolate and get tested for ANY mild symptom. Please visit <https://www.niagararegion.ca/health/covid-19/symptoms.aspx> to familiarize yourself with the symptoms of Covid-19. With Covid-19 numbers declining in Niagara Region it remains important that we work together to continue implementing Public Health measures within our home and school communities.

