



Firebird Free Press

June 9th-13th, 2025

Week at a Glance

Monday June 9th:

- *Community Helpers: Grade 1 and 1/2: Sacco and Gabriele
- *P.A.L.S. Grade 6 Field Trip: @ Brock University: Avolio, Mancuso and Korce
- *OLOS Faith Team coming to visit Gr. 2 @ 1:30pm

Tuesday June 10th:

- *Community Helpers: Grade 1 and 1/2: Sacco and Gabriele

Wednesday June 11th:

- *Year End Mass @ OLOS: 12:45pm. All are welcomed to attend
- *Grade 7 Vaccinations: 9am-11:30am

Thursday June 12th:

- *Community Helpers: Grade 1 and 1/2: Sacco and Gabriele
- *NCDSB Track and Field Meet @ Niagara Olympic Club: Tham

Friday June 13th:

- *Primary Track and Field

Change to June Calendar

Due to scheduling conflicts, SJHN will be hosting our primary track and field on Friday, June 13th, and to accommodate our primary track and field, our playday will be moved to Tuesday, June 24th. Please disregard the dates that are on our June calendar.



Raffle Baskets

Thank YOU Firebirds for all the generous donations to our gift Basket Raffle Fundraiser. The baskets look amazing! Tickets sales close this Sunday! Don't miss out. Buy your tickets this

weekend! Good luck, Firebirds!







St. Paul High School Students of the Month

Arthur Ferraz

Grade 4: Mrs. Fortino-Carter

Aurthur is a kind and cooperative student who willingly works with others. He is helpful and serves as a positive role model to his peers. Aurthur consistently follows routines and rules independently and always puts forth his best effort.



Ava Concolino

Grade 4 Nurton

Ava manages her time between completing class tasks and assignments and trying out for and participating in SJHN teams! She utilizes class time and is always willing to help the teacher and her classmates. Ava welcomes new students to our classroom and her cheerful demeanor brightens our classroom. Keep up the great work Ava!

Bike Safety

With warmer weather and summer break just around the corner, more kids will be outdoors taking part in activities, such as biking, skate boarding or roller blading. A [properly fitted and correct](#)

[helmet](#) can cut the risk of a serious head injury by up to 85%. This means four out of five brain injuries could be prevented if every cyclist wore a helmet.

- Bike [helmets](#) should be replaced after five years or a crash where the cyclist has hit their head
- It's not safe to use a [second-hand helmet](#)
- Baseball hats, big hair clips and headphones should never be worn under a helmet

The human skull is just approximately one centimeter thick, so it is important to remind children to always protect their head when being active. To make sure a helmet fits right, follow the 2V1 Rule



chris spagnol

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