



June Newsletter

Assumption Catholic Elementary School is proud to be part of the
Holy Cross Family of Schools- Go Raiders!

Kindergarten Registration

Children turning 4 years old by December
31st, 2025

Register online at: [https://
connect.edsembli.com/ON/NCDSB/
CentralOffice/Portal/Online/
StudentRegistration](https://connect.edsembli.com/ON/NCDSB/CentralOffice/Portal/Online/StudentRegistration)

Hot Lunch

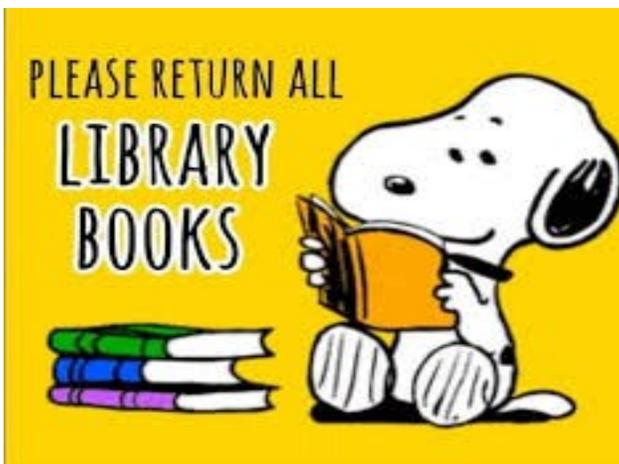
June 5 — Hot Dog Day & Booster Juice

June 12—Hot Dog Day

June 13— Swiss Chalet

June 20 — Submission Subs

June 25 — Booster Juice



 **LAST
DAY OF
SCHOOL**
June 27, 2025







Niagara Region Public Health School Health Newsletter June 2025

Things that Bite!

Ticks, mosquitos, and rabid animals can be a greater risk as the weather warms up.

- Mosquitoes transmit the [West Nile virus](#) to humans after becoming infected by feeding on the blood of infected birds, which carry the virus. To learn how to protect your family, visit [Reduce the Risk of West Nile Virus - Niagara Region](#).
- The blacklegged (deer) tick can transmit [Lyme disease and other tickborne diseases](#) to humans after becoming infected by feeding on the blood of small animals which carry the disease. To learn how to protect you and your pets, visit [Protect and Prevent Ticks - Niagara Region](#).
- [Rabies](#) is transmitted through saliva from bites and scratches, entering an open cut or wound, or from saliva contacting a mucous membrane, such as those in the mouth, nasal cavity, or eyes. To [reduce the risk of rabies](#), it's best to avoid contact with wild animals such as raccoons, skunks, and bats.



For more information and free tick identification, individuals can visit [e-tick](#). General tick information can be found on our [Niagara Region Public Health website](#) or by contacting a Duty Officer directly at 905-688-8248 ext. 7590.

Head safety – for bikes and other wheels

With warmer weather and summer break just around the corner, more kids will be outdoors taking part in activities, such as biking, skate boarding or roller blading. A [properly fitted and correct helmet](#) can cut the risk of a serious head injury by up to 85%. This means four out of five brain injuries could be prevented if every cyclist wore a helmet.

- Bike [helmets](#) should be replaced after five years or a crash where the cyclist has hit their head
- It's not safe to use a [second-hand helmet](#)
- Baseball hats, big hair clips and headphones should never be worn under a helmet

The human skull is just approximately one centimeter thick, so it is important to remind children to always protect their head when being active. To make sure a helmet fits right, follow the 2V1 Rule (image courtesy of [Parachute Canada](#))



Make Immunizations Part of Your Summer Checklist!

As you prepare for the new school year this summer, remember to check if your child's immunizations are up-to-date. If you are unsure, talk to your health care provider or [contact the vaccine team](#) at Public Health. Staying up to date with routine vaccinations helps protect your child from preventable diseases.

If your child needs to get caught up on vaccines, you can:

- Make an appointment with your health care providers
- Visit a walk-in clinic (call ahead to confirm vaccine availability)
- Check availability of Public Health vaccination clinics. Call 905-688-8248, extension 7425 (Monday to Friday, 8:30 a.m. to 4:15 p.m.)



Don't forget to report your child's vaccines to Public Health!

Every time your child receives a vaccine, it must be reported to Public Health. Doctors, child care facilities, and schools don't do this for you.

The fastest and most convenient way to report vaccines (except COVID-19 and flu shots) or request records is through [Immunization Connect \(ICON\)](#), a secure online system for tracking and reporting immunizations.

For more information on vaccines needed for school, visit: [Baby, Children and Youth Vaccinations](#)

Bike to School Week 2025



Walking or biking to school is a great way to help kids stay active, healthy, and focused throughout the day and get them out in their communities! Regular physical activity boosts mood, improves fitness, and supports learning by helping kids concentrate better in class. It also helps create safer, less congested school zones by reducing traffic and pollution.

From June 2–6, families across Ontario are encouraged to participate in **Bike to School Week!** Invite your child to ride with friends or family, and join in creating a healthier, happier community. To learn more, visit the [Bike to School Week](#) webpage and see how your school can get involved!