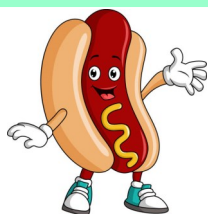




## May Newsletter

Assumption Catholic Elementary School is proud to be part of the  
Holy Cross Family of Schools- Go Raiders!



Mrs. Stirpe's Grade 8 class will be selling Hot dogs to  
fundraise for their end of the year festivities and graduation!

Orders and payments can be made through School Cash.

Hot dogs are pre-order only, and **WILL NOT** be available  
for purchase on Hot dog day.

Hot dog days will be May 7,14,21, and 28



**CATHOLIC EDUCATION WEEK**

**MAY 4 – MAY 9, 2025**

Catholic Education week will be filled with many fun and engaging activities for students to enjoy  
while supporting mental health and catholic education.

A high-light will be on May 9th when we celebrate Francophone day wearing green and white!  
Francophone Day fosters an appreciation for diversity, helping students recognize the gift of differ-  
ent cultures and languages. As pilgrims of hope, students learn to walk together in unity, building  
bridges of understanding and respect for one another. As part of this day, we are offering “La Tire”  
or Maple Taffy, provided free to all  
students. Parents are welcome to join us from 10:00am— 11:00am to see students participating in  
the Francophone Day activities.

**“Mental health challenges are not a sign of weakness or a lack of faith.  
We must foster a culture of openness and support, where individuals  
feel safe to seek help and receive the care they need.” - Pope Francis**

# Congratulations Kalista!

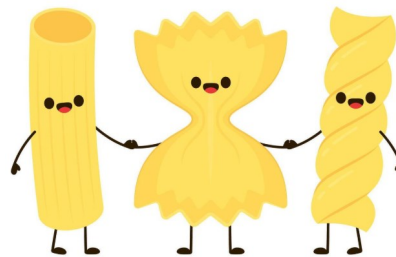
Kali is our 2024-2025 Catch the Spirit Award Winner! It's designed to acknowledge students who embody the school spirit, demonstrate positive qualities, and contribute to a supportive learning environment. The award often recognizes students who go above and beyond, showing kindness, perseverance, compassion, and commitment to the school community.

## Hot Lunch

May 2nd — Pie Guys Pizza

May 6th — Submission Subs

May 15th — Antipastos



May 16th — Pie Guys Pizza

May 23rd — Swiss Chalet

May 30th — Burrito Boys

## Kindergarten Registration

Children turning 4 years old by December 31<sup>st</sup>, 2025

**In order to finalize your child's registration, you will need the following (original) documentation:**

- Proof of child's Legal Name (Birth Certificate, Birth Registration Form)
- Proof of your child's age (Birth Certificate, Birth Registration Form, Baptismal Certificate, Passport)
- Proof of full address (e.g. bank statement, utility bill, or similar documentation). In rural areas please include your RR, lot and concession numbers
  - Your child's citizenship or landed immigrant papers
  - Any relevant custody order documents

Register online at: <https://connect.edsembli.com/ON/NCDSB/CentralOffice/Portal/Online/StudentRegistration>





We have a brand-new fundraising opportunity for Assumption. We have partnered with **Merrittville Speedway** for a night at the races on **Saturday May 24<sup>th</sup>**. Assumption will earn 50% of each ticket sold for the races. Gates open at 5:30pm, and Races begin at 7:00pm. Families of Assumption are able to ride the tram through the pit area to see cars preparing for their upcoming race. You are able to bring in your own snacks, and beverages, but there are concessions available. If you have never been to the races before, it's suggested that you bring safety glasses, and noise cancelling earphones, as it does get dusty and loud!

#### Ticket Prices

Adult - \$20.00

Senior - \$18.00

Youth (Ages 13-18) - \$16.00

Child (Ages 8-12) \$8.00

Children under 7 are FREE

Tickets are available on SchoolCash. Please make sure to select the number of tickets needed, even for your children who are under 7.

Another bonus to this fundraiser is Saturday May 24<sup>th</sup> is **Merrittville Bike Giveaway Night!** This means that every child 15 years old and under will go to the Autofx table and fill out a ballot for a bike. They are in age and size categories so a child will not receive a bike that is way too big or too small. If your child wins, they pick up and put in their vehicle right away. However, if they cannot take it home that night, let Autofx know and they will take down the information needed and give it to me so they can pick up during the week.

Tickets for the event will be delivered to the school the week of the 24<sup>th</sup>. If your students will be absent during ticket delivery, Ms. Stokes will meet you at the front gate to give out tickets.

## Niagara Region Public Health School Health Newsletter

### May 2025

#### Vision Health Month

Visual health is an important part of a child's overall health and well-being. Proper vision is important for a child's movement and coordination, independence, play and learning. If left untreated, vision problems may become serious and prevent a child from reaching their full potential.



A yearly eye exam is **FREE** – the Ontario Health Insurance Plan (OHIP) covers the cost of an eye exam every 12 months for children up to the age of 19 with a valid OHIP card. [Find an eye doctor near you.](#)

Also, contact an eye doctor if you see **ANY** of these signs:

- |  |   |
|--|---|
| • Squinting or holding objects close to the eyes | • One eye that turns out or in              |
| • Blinking often                                 | • Rubbing, tearing, itchy or burning eyes   |
| • Turning or tilting the head to the side often  | • Reporting blurry or double vision         |
| • Covering or closing one eye                    | • Reporting headaches, nausea or eye strain |

For more information on vision screening, please visit <https://www.niagararegion.ca/health/schools/vision-screening.aspx>.

#### Welcome to Kindergarten!

Do you have a little one starting Kindergarten?



Public Health works in partnership with teachers, support staff, students, and parents to build a healthier school community.

Check out our [School Health webpage](#) for some important links and supports:

- [Childhood illnesses and diseases of public health significance](#)
- [Non-reportable illnesses and exclusion periods](#)
- [Dental screening](#)
- [School-aged vaccines](#)

Parents and legal guardians of junior and senior kindergarten registrants and students new to Ontario are asked to report their vaccinations to [Public Health](#).



## Head Lice



Students are now back into the swing of things and spending lots of time with friends and classmates during school and after school. Lice can spread regardless of a student's age. Head lice are spread by direct head-to-head contact or by sometimes sharing items like combs, brushes, hats, pillows, etc. Anyone can get head lice, it's not a sign of poor personal hygiene or an unclean environment.

Check out School Health's new webpage on head lice for more information: [Head Lice - Niagara Region, Ontario](#)

## NEW Quit Vaping Program for Youth

The Centre for Addiction and Mental Health (CAMH) is excited to launch [Youth-Vaping, Substance use, and Technology \(VAST\)](#). Youth-VAST is a program for youth in Ontario who are using vaping, substances, or feel like technology is taking up too much of their time. This program brings together existing and new resources across CAMH to deliver virtual services directly to youth and their family.

- Program offered for youth ages 12-21 years.
- Appointments are offered virtually for youth all over Ontario
- Youth will be assigned a care coordinator to create a customized treatment plan
- Individuals can self-refer directly into this program, no physician referral required.



To refer, visit [Youth-VAST](#) to book an appointment. For more information you can email [youth.vast@camh.ca](mailto:youth.vast@camh.ca).

## May is Rabies Awareness Month

During Spring, wildlife activity increases and so does the potential for rabies exposures. Rabies is a serious and fatal disease that affects the brain and spinal cord of mammals, including humans.

To prevent rabies, avoid any contact with wild animals, especially those that appear sick. Although they may seem cute, do not feed wild animals and most importantly, make sure to have your pets vaccinated.



For more information visit

[https://www.niagararegion.ca/living/health\\_wellness/disease-prevent/rabies.aspx](https://www.niagararegion.ca/living/health_wellness/disease-prevent/rabies.aspx)

CHECK OUT OUR WEBSITE: <https://niagara2025ontarioparasportgames.ca/en/>



# NIAGARA 2025 ONTARIO PARASPORT GAMES



## DON'T MISS OUT!



### WHEN

May 30th–June 1<sup>st</sup> 2025



### WHERE

Venues include Brock University, Canada Games Park, Cardinal Lakes Golf Course, Vale Health and Wellness Centre



### SCAN QR CODE

Scan the QR code to find the volunteer registration page



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**Niagara  
2025**

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Games

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