

Holy Name Newsletter

May 2025

Dear Holy Name Families,

Welcome to our May newsletter!

We have an exciting month ahead filled with important events and activities. Please take a moment to review the following information and mark your calendars accordingly.

As we enter the month of May, let us join together in prayer

Loving God,
We thank you for the beauty of spring and the promise of new beginnings.

Bless our school community as we learn and grow together.

Guide us to be kind, compassionate, and understanding.

Help us to see the best in one another and to spread joy in all we do.

We ask this through Christ our Lord.

Amen



Upcoming Events

Important Dates

May 6 and 7: Club Rex
Presentations

May 6 - QMack
Presentation

May 8: Jackfish Baseball
Game

May 15: JK/SK Dental
Screening

Flouride Varnish Form -
Please complete by May
8th.

May 16: Jr./Int. Track and
Field

May 19: Victoria Day
Holiday - No School

May 23: Track and Field
Rain Date

May 27: Kindergarten
Open House at 6:00 p.m.

Catholic Education Week (May 4th - 9th)

We're celebrating Catholic Education Week with various activities throughout the week. Stay tuned for more details from your child's teacher.



Sacraments and Religious Events

First Communion
May 4th - 2 p.m.

Confirmation
May 14th - 7 p.m.



Food and Treats

May 6th and 20th - Pizza Days

May 16 - Toonie Treat Day

**Waste Free Lunch: Every Wednesday
(May 7th, 14th, 21st, 28th)**

Reminders

1. Please ensure your child brings a waste-free lunch every Wednesday.
2. Don't forget to send a toonie with your child on May 16th for Toonie Treat Day.
3. The school will be closed on May 19th for Victoria Day. Enjoy the long weekend!

We're looking forward to a fantastic month of learning and community building. If you have any questions about the events listed above, please don't hesitate to contact your child's teacher.

Warm regards,

Holy Name Administration

Dental Screening

Niagara Region Public Health Dental Program will be offering dental screening to grades JK, SK on Thursday, May 15, 2025.

A registered dental hygienist will take a quick look in the child's mouth using a sterilized dental mirror and light. The Healthy Smiles Ontario program may financially assist children who do not have access to dental care.

If you do not want your child(ren) to take part in the dental screening, you **MUST** complete the online School Dental Screening Opt-Out Form or call the Dental Health Line at 905-688-8248 or 1-888-505-6074 ext. 7399 each school year.

If your child(ren) is not in one of the grades listed above, they may have the opportunity to participate in the dental screening. If you would like your child to be screened, please complete the School Dental Opt-In Form



Niagara Region Public Health School Health Newsletter

Vision Health Month

Visual health is an important part of a child's overall health and well-being. Proper vision is important for a child's movement and coordination, independence, play and learning. If left untreated, vision problems may become serious and prevent a child from reaching their full potential.

A yearly eye exam is **FREE** – the Ontario Health Insurance Plan (OHIP) covers the cost of an eye exam every 12 months for children up to the age of 19 with a valid OHIP card. [Find an eye doctor near you.](#)

Also, contact an eye doctor if you see **ANY** of these signs:

- Squinting or holding objects close to the eyes
- One eye that turns out or in
- Blinking often
- Rubbing, tearing, itchy or burning eyes
- Turning or tilting the head to the side often
- Reporting blurry or double vision
- Covering or closing one eye
- Reporting headaches, nausea or eye strain

For more information on vision screening, please visit <https://www.niagararegion.ca/health/schools/vision-screening.aspx>.



Welcome to Kindergarten!

Do you have a little one starting Kindergarten?

Public Health works in partnership with teachers, support staff, students, and parents to build a healthier school community.

Check out our [School Health webpage](#) for some important links and supports:

- [Childhood illnesses and diseases of public health significance](#)
- [Non-reportable illnesses and exclusion periods](#)
- [Dental screening](#)
- [School-aged vaccines](#)

Parents and legal guardians of junior and senior kindergarten registrants and students new to Ontario are asked to report their vaccinations to [Public Health](#).

Head Lice

Students are now back into the swing of things and spending lots of time with friends and classmates during school and after school. Lice can spread regardless of a student's age. Head lice are spread by direct head-to-head contact or by sometimes sharing items like combs, brushes, hats, pillows, etc. Anyone can get head lice, it's not a sign of poor personal hygiene or an unclean environment.

Check out School Health's new webpage on head lice for more information: [Head Lice - Niagara Region, Ontario](#)

NEW Quit Vaping Program for Youth

The Centre for Addiction and Mental Health (CAMH) is excited to launch [Youth-Vaping, Substance use, and Technology \(VAST\)](#). Youth-VAST is a program for youth in Ontario who are using vaping, substances, or feel like technology is taking up too much of their time. This program brings together existing and new resources across CAMH to deliver virtual services directly to youth and their family.

- Program offered for youth ages 12-21 years.
- Appointments are offered virtually for youth all over Ontario
- Youth will be assigned a care coordinator to create a customized treatment plan
- Individuals can self-refer directly into this program, no physician referral required.

To refer, visit [Youth-VAST](#) to book an appointment. For more information you can email youth.vast@camh.ca.

May is Rabies Awareness Month

During Spring, wildlife activity increases and so does the potential for rabies exposures. Rabies is a serious and fatal disease that affects the brain and spinal cord of mammals, including humans.

To prevent rabies, avoid any contact with wild animals, especially those that appear sick. Although they may seem cute, do not feed wild animals and most importantly, make sure to have your pets vaccinated.

For more information visit

https://www.niagararegion.ca/living/health_wellness/disease-prevent/rabies.aspx



Parking Lot Safety

We ask that you exercise extreme caution when driving in our very busy parking lot, especially during the morning and at dismissal at the end of the day.

Please “Kiss and Drive” so your vehicle is not blocking the arriving busses. Parents are encouraged to use the East parking lot to pick up or drop off students. Please help us to continue to keep all children safe as it is our highest of priorities. Together we can continue to keep our children safe.



Medical Information Updates

If your contact information or your child's medical information changes, please inform us at your earliest convenience.

[Niagara Public Health School Information](#)

This link will provide you with information about school health such as dental screenings, head lice etc. You can also access this information by visiting: <https://niagararegion.ca/health/schools/>

Spirit Wear

Maddalena's Uniforms

Available through the Maddalena Uniform Website:

<https://www.maddalena-uniforms.com/pages/elementary-schools>

Graduation Hoodies

Grad. Hoodies are also available through Maddalena's Uniform.

NEW STUDENT REGISTRATION!

If you or someone you know has a child ready for school or is new to Niagara, please encourage them to register at Holy Name as soon as possible. By registering for school today, you're opening the door to endless opportunities for growth, learning, and success. Contact us at 905-732-4992 to start the process today!