



NIAGARA CATHOLIC  
DISTRICT SCHOOL BOARD

# St. John Bosco Catholic Elementary School

## "Faith, Service & Academic Excellence"



Part of the Lakeshore Catholic Family of Schools

Phone: 905.835.1930

MARCH 2025

### CELEBRATING OUR FAITH

#### MARCH- A Mission of Sacrifice

*"Teach us to give and not count the cost."*

*St. Ignatius de Loyola*

Throughout the season of Lent we reflect upon the great sacrifice of Christ on the Cross. When Jesus calls us to be his disciples, he is challenging us to live lives of compassion and action recognizing that it isn't easy to truly sacrifice and give of ourselves for one another. When we care about the people around us, we desire to reduce their suffering and hardships. May we take time this month to reflect upon what we can sacrifice to ease the suffering and hardship of others as we continue on our mission as disciples of Christ.



### ASH WEDNESDAY MASS 2025

Ash Wednesday Mass will be celebrated March 5<sup>th</sup> at St. John Bosco Church at 9:30am. All are welcome!

### DANCE A THON

Dance a thon was a huge success raising **\$2500.00!!**

### TIPS – WINTER SAFETY

#### Wear the Gear!

- Proper helmets are required for snowboarding and skating and is recommended for tobogganing.

#### Snow Safety

- Children should not play on snow banks near the road.
- Snow plough drivers may not see them.
- Snow tunnels and forts can be dangerous—roof might collapse.

#### Ice Safety

- Check with local weather authorities for information about ice thickness.
- Ice should be at least 10cm thick (3.5 ").
- Avoid walking on ice near moving water such as rivers or creeks.

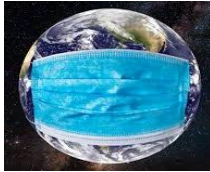
#### Proper Indoor Clothing

All students are asked to bring a pair of shoes or rubber soled slippers that will be used for indoor use only. Wet shoes and winter boots cannot be worn in the classroom and stocking feet are neither healthy nor safe.

### KIDS HELPING KIDS 2025

Each year schools all across Niagara Catholic participate in Kids Helping Kids week. The money raised goes to directly support the children in programs at the Niagara Children's Centre. This year students at St. John Bosco participated in a week of special activities which included PJ Day, Creative Hair Day, Pink Day...etc. Together we raised \$250.00 which will be donated to this worthy organization.

## WORLD WATER DAY (BIG GULP) & EARTH HOUR



On Friday, March 21<sup>st</sup>, 2025 we will celebrate World Water Day. We will raise awareness of the 2 billion people living without access to safe water. As a school, we will also participate in a synchronized big gulp of water which promotes the importance of reducing single use plastic waste. All students are encouraged to bring a reusable water bottle for this event.

## CALLING ALL NEW KINDERS

CALLING ALL CHILDREN TURNING 4 THIS YEAR!!!! (BORN IN 2021)

PLEASE REGISTER ON-LINE AT  
[WWW.NIAGARACATHOLIC.CA](http://WWW.NIAGARACATHOLIC.CA)

CLICK THE BLUE REGISTRATION TAB  
“REGISTER NOW” YOU WILL NEED TO  
CREATE AN ACCOUNT.

## BASKETBALL

Congratulations to all the Basketball Teams. Thank you to Coaches Ms. Jacobi and Mr. Mastroianni. We are very proud of your accomplishments!

## GRADE 8 GRADUATION

SAVE THE DATE: Wednesday, June 18<sup>th</sup>.

## ST. Patrick's Day

Students are permitted to wear Green on St. Patrick's Day. Monday, March 17<sup>th</sup>, 2025

## Catholic School Council

Our next Catholic School Council Meeting will be in April. Details to follow.

## PUBLIC HEALTH

Niagara  Region



Connect with a public health nurse at Niagara Parents



905-684-7555 or  
1-888-505-6074 ext. 7555



[parents@niagararegion.ca](mailto:parents@niagararegion.ca)

Live Chat



[niagararegion.ca/parents](https://niagararegion.ca/parents)



Niagara Parents

Niagara Parents provides a variety of services to help you raise a happy and healthy family

Learn more about pregnancy and caring for babies, children, and teens at  
[niagararegion.ca/parents](https://niagararegion.ca/parents)

Niagara  Region

# Niagara Region Public Health

## School Health

### For Parents

#### Nutrition Month

March is [Nutrition Month](#) and Dietitians across Ontario are focusing on building a healthier tomorrow for everyone in our community.

- Check out this [free downloadable e-recipe](#) book from UnlockFood.ca
- Brush up on food safety skills with this quick [Food Safety - True or False Quiz](#)
- [Age-appropriate meal planning and preparing tasks](#)

Information on COVID-19 and vaccine eligibility is available on Niagara Region Public Health's [website](#), [Facebook](#), [Twitter](#) and [Instagram](#).

#### Niagara Parents

We remind parents and caregivers that Public Health Nurses are available to answer questions and provide reliable advice about pregnancy, newborn care, infant feeding, child or parental mental health concerns, and community supports through Niagara Parents.

Individuals can connect with a public health nurse at [Niagara Parents](#) Monday – Friday, 8:30 a.m. – 4:15 p.m.:

- Call 905-684-7555 or 1-888-505-6074 ext.7555
- [Email](#)
- [Live Chat](#)
- [Facebook Messenger](#)