



St. Teresa of Calcutta Chronicle



St. Teresa of Calcutta Catholic Elementary
Part of the St. Francis Family of Schools

ISSUE: 7

MARCH, 2025

THE EASTER SEASON



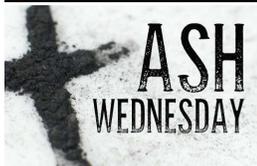
As March begins, the community of St. Teresa of Calcutta Catholic will journey through Lent, and as the Easter season comes to an end, we will continue to learn about the virtue of Hope. Hope unites us with the risen Christ for it gives us the ability to trust in God's promises... no matter what obstacles we personally encounter or see in the world today. Hopeful people pray and work unceasingly for peace and justice as stewards of the earth. Hopeful people live the Gospel with joy. God Bless.

SHROVE TUESDAY

On **Tuesday March 4th 2025** all students will receive pancakes as a snack. Once again, I would like to thank SUNSET GRILL on 4th Ave. in St. Catharines who will provide the pancakes to our students for a nominal donation. As part of our ECO initiative students are asked to bring in their own cutlery or are welcome to 'RIP and DIP' the pancakes. Pancakes will arrive at the school @ 9:00 a.m. and 10:00 a.m.



ASH WEDNESDAY



Ash Wednesday begins the Season of Lent, a season in which we are especially called to conversion and renewal as we journey toward Easter. The season of Lent will begin on **Wednesday March 5th 2025**. Father Richard will be coming to the school to celebrate an Ash Wednesday Liturgy. Students will be receiving Ashes at school.

TUCK SHOP

During Lent we will continue with our 'TUCK SHOP' Tuesdays, however to observe the 40 days of Lent we will only be offering Butter Popcorn throughout the Lenten season.



MARCH BREAK



March Break is **March 10th to March 14th**. Students will return to school on Monday, March 17th, 2025. If you are planning on taking a vacation earlier or will be away later, please ensure that you report the dates on the Safe Arrival System.

GREEN AND GOLD DAY



This year, St. Patrick's Day falls during the school year. Students will be encouraged to wear Green and/or Gold on **Monday March the 17th**. Maybe a little Green and Gold will bring good luck to all!

KIDS HELPING KIDS



Throughout our Kids helping Kids week drive, the staff and students at St. Teresa of Calcutta have collected \$701.00 which will be sent directly to the KHK foundation. Thank you for your continued support.

MOVE CLOCKS FORWARD

On **Sunday March 9th** we Spring Forward as Daylight Savings Time Ends. Please remember to turn your clocks ahead on Saturday night before you go to bed.



CHESS



Throughout the month of February and moving into March all students from Grades 4 to 8 have been actively playing chess and participating in 1 v 1 matches. The St. Teresa of Calcutta teams are set to represent our school on Tuesday March 25th at the NCDSB Chess Tournament taking place at St. Mary's School in Niagara Falls. We will be sending 4 teams total: 2 Junior teams (Gr. 4 to 6) and 2 Intermediate teams (Gr. 7 & 8).

WORLD WATER DAY



In celebration of World Water Day, during the month of March, schools across Canada are invited to take part in The Great Gulp. What is a Great Gulp? It's when the whole school comes together to take a synchronized drink of tap water from a reusable bottle, glass, or mug, in regions where tap water is safe and accessible. As a school on Friday March 21st, we will come together to take a great gulp at 11:30 a.m. The ECO Team will make an announcement so the entire school can take a great gulp together.

KINDERGARTEN REGISTRATION

We encourage all families to register as soon as possible. This helps to ensure proper staffing is in place for the new school year. Please share this information with any friends, family and/or neighbours who have a child that is ready to start school in September 2025.



We are very excited to have more students join our St. Teresa of Calcutta Family and the extended Family of Niagara Catholic.

For registration, you are reminded to bring in the child(ren)'s:

- Birth Certificate;
- Immunization Records;
- Roman Catholic Baptismal Certificate and/or Baptismal Certificate of the child(ren)'s parents and/or guardian (if applicable);
- Proof of Residence within school boundaries; for example, a utility bill.

If applicable, original Landed Immigrant/Permanent Residence documentation, and the passport of the country of origin, indicating the date of entry into Canada.

DRESS CODE



Just a reminder to parents that St. Teresa of Calcutta Catholic School has a dress code which consists of a collared shirt (blue or white), dark blue bottoms (pants or skirt). A blue hoodie on cold days for in the classroom or any St. Teresa of Calcutta Spirit wear. We have noticed that a number of students lately have been wearing black bottoms, light pants or blue or white t-shirts among other things. Students will be asked to change if not in dress code attire and a call home may be required. If you need any assistance with the purchase of dress code items please contact the school and we will be able to assist you.

CLEAN GREEN ECO TEAM



Our Clean Green Eco Team has been busy making posters and educating their peers about the small actions they can take to reduce climate change. They will be awarding the class with the most litter-less lunches the 'Golden Garbage Can' award. Please continue to participate in this worthwhile initiative to help reduce single use plastic and waste at our school.

REUSABLE WATER BOTTLES

The St. Teresa of Calcutta Catholic community continues to think green!!! Our school community has three hydration stations that provide refreshing filtered water. We encourage all students to bring in their own reusable water bottle labeled with the student's name. Thank you for thinking GREEN!!!



PERSONAL ELECTRONIC DEVICES



1. Cell and smart phones, as well as other personal electronic devices, are eligible for appropriate student use in wireless enabled common areas of the schools as approved by the administration of the school for instructional and co-instructional purposes.
2. Cell or smart phones, tablets, laptops, audio or video recording devices are prohibited for use by students in all Niagara Catholic elementary and secondary school classrooms unless specifically approved by staff for instructional or co-instructional purposes.

3. The Board and its staff assume no responsibility for the use, safety, security, loss, recovery, repair or replacement of a personal electronic device when carried on to Board premises. The secure storage of these devices is the sole responsibility of the owner/user.

March is Nutrition Month

Fruits and veggies are not only absolutely delicious but they are nature's fast food! Ready to eat and most come in their own "to-go" packages, produce makes the perfect snack for kids to grab and go. They need minimal to no preparation and buying ones in season means you can save some money and shop smarter.

Think you can't get much produce on a tight budget? Here are some tips to make shopping for produce more easy and affordable:

- Don't shop when you're hungry and carry a list. You'll be more likely to stick to your budget and nutritious food choices.
- Look for washed and bagged salads, baby carrots, celery hearts, broccoli and cauliflower crowns, cherry tomatoes, and shredded cabbage in your grocery store
- Buy fresh produce, like peaches or bananas, in varying degrees of ripeness to allow for some ripening towards the end of the week
- Canned and frozen vegetables can be convenient choices
- Spend most of your time in the produce, bread, meat and dairy sections
- Use store flyers to help you find specials
- See more at: <http://www.halfyourplate.ca/produce-is-affordable>



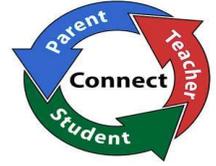
Get inspired with recipe ideas from **Cookspiration** and serve up a nutrition tip a day with **eaTipster!**



CATHOLIC SCHOOL COUNCIL NEWS

The next meeting will be Tuesday, April 29th, 2025 at 5:45 pm.

The meetings for the Catholic School Council will be noted on the calendar monthly. All are welcome.



MATH CORNER

Did you have a favourite game or puzzle as a child? Why did you like it? Looking back, what do you think you learned from it?

People have engaged in playing games and solving puzzles for thousands of years. Games and puzzles continue to provide important opportunities for children to experience playful learning.

Games and puzzles based on logical thinking are often linked to mathematics. Out of school, they are considered recreational. In school, games and puzzles often provide opportunities for students to practice skills. Within mathematics, they tend to focus on computation, with the goal of increasing fluency. Games and puzzles are included in many mathematics curriculum resources, and teachers might offer them as a choice, as an independent activity or as a rotation during instructional time.

Engaging in games and puzzles at home are wonderful ways to enjoy time together as a family!



“One Family in Christ: Know, Love, Serve Him.”

“The Niagara Catholic District School Board, through its charisms of faith, social justice, support and leadership, nurtures an enriching Catholic learning community for all to reach their full potential and become living witnesses of Christ.”