

# ST. PATRICK NEWSLETTER

#### PRINCIPAL'S MESSAGE

As we enter the month of February, we are reminded of the power of love, compassion, and faith in our daily lives. This month, we celebrate the feast of St. Valentine, who reminds us of God's love for each of us, and we also honor Black History Month, recognizing the rich history and contributions of Black Canadians

to our society. Let us continue to foster a spirit of kindness, unity, and respect in our school, remembering that each act of love and service reflects the love that Christ has for us all. I encourage our students, staff, and families to focus on growing in faith, supporting one another, and embracing the opportunities to make a positive impact in our community. May this month bring us closer together as we live out the values of our Catholic faith.

~Ms. Romano



Important thanks and reminders for parents and guardians:

- Thank you for dropping off and picking up students in the church parking lot. This has helped keep the yard less congested.
- When picking up children at the end of the day, please keep the church parking lot gateway clear so that children can exit safely and get to their parents
- A reminder that our dismissal is 3:25pm. Please be on time when picking up your children at the end of the day.
- Kindergarten parents, please drop off your children at the gated area and then leave the property. It makes it easier for children to say goodbye and begin their day.
- Please use the Safe Arrival system to report your child's absences. Early pick up and alternate dismissal arrangements should be made in advance and communicated with the school well in advance of the end of the school day.
- Ensure your child is dressed appropriately for the weather and in school dress code.
- Complete School Cash and permission items on time so that children don't miss out on actitivies

#### CATHOLIC SCHOOL COUNCIL

Thank you to Mrs. McGilvery and our CSC members for providing popcorn for our students on Popcorn Fridays and for running our Candygram drive this month! Our next CSC meeting will take place on Monday, February 3 @ 5:30pm.

#### **FEBRUARY 2025**



#### JUNIOR BASKETBALL

Congratuations to our Jr. Boys and Girls Basketball Teams for representing our school well at their recent tournaments! Thank you to Coaches Johnstone and Ciocca for devoting the extra time to our kids!

#### DO WHAT YOU CAN'T

Congratulations to this past month's DWYC award recipients: **Alvaro QM., Elijah G., Leonardo M., Aaron A., Kaycen S., Alexander G., Cris H., Matthew S.** and a special thanks to all students, staff and parents for participating! Looking forward to celebrating

### again next month!



We were once again blessed by an anonymous donor and had a mini birthday celebration for all of our January birthdays. Check out those smiles!

\*February birthdays will be celebrating next month during March Birthday Celebration.







Thank you to Kaley Mills, author of Bianca the Brave for joining us on this special day! Thank you also to Mrs. Ciocca and (her mom) Ms. Pennetta for organizing the event and for ensuring that every student in our school received a brand new book to take home and read with their families!

#### **NEW YEAR SCHOOL MASS**

Thank you to Fr. Joi, our Grade 2/3 students and our choir for leading us in prayer and song. Special thanks also to Mrs. Szick, Miss Golia, Mrs. Potter, Mr. Basilone and Mrs. Willick. Our next mass is on February 11. All are welcome.

#### **KINDERGARTEN OPEN HOUSE**

Kindergarten Open House will be held on Monday, February 3 from 9:30am-5:30pm. If you have a little one starting school in September or know someone who does, please spread the word and join us!



Niagara Catholic's 27th Annual Kids Helping Kids fundraiser will take place from February 10-21, 2025. This year's event will jointly support the Niagara Children's Centre, as well as the Niagara Foundation for Catholic Education. Kids Helping Kids is a fun, informal fundraiser, which supports these causes through paid participation in events such as Jersey Day, Hat Day and Creative Hair Day. Donations to the Kids Helping Kids fundraiser can be made in School Cash Online.

Monday	Wild Hair Day
Feb. 10	KHK Assembly
Tuesday	Sports Jersey Day
Feb. 11	Mass
Wednesday Feb. 12	Funky Hat Day
Thursday	Red, White and Pink Day
Feb. 13	Candygram Deliveries
Friday Feb. 14	P.A. Day

## A Valentine for God



Gracious God, My love for you grows daily. Whenever I witness an act of kindness or receive and unexpected gift, I am reminded of your expansive heart. Even during times of duress, of sadness, or of heartache, I take comfort in knowing that nothing can separate me from your love. Let this love in me blossom and flower so that I reflect your compassion and mercy in all that I say and do. In gratitude and grace, I pray. Amen











#### Niagara Region Public Health School Health Newsletter February 2025

#### Welcome to Kindergarten!

#### Do you have a little one starting Kindergarten?



Public Health works in partnership with teachers, support staff, students, and parents to build a healthier school community.

Check out our School Health webpage for some important links and supports:

- Childhood illnesses and diseases of public health significance
- · Non-reportable illnesses and exclusion periods
- Dental Screening
- School-aged vaccines

o Parents and legal guardians of junior and senior kindergarten registrants and students new to Ontario are asked to report their vaccinations to <u>Public Heal</u>th.

#### Is your child due for vaccines?

Go to Immunization Connect to review your child's immunization history and check the Immunizations **Needed** section for missing vaccines.

If your child is missing any vaccines, book an appointment to get them vaccinated. Vaccines are available at healthcare providers' offices, walk-in clinics or Public Health vaccination clinics.

Bring your yellow card or immunization record print out

from Immunization Connect (ICON) to each vaccine visit. This will help you and your health care provider keep an up-to-date record of which vaccines have been received.

Can't find any immunization records? Here are some tips to help you.

- **Previous healthcare providers** will keep records for a limited time. Also check with local health units, your pharmacist, and any urgent care clinics, as well as hospital emergency departments.
- At home Close family members such as parents or guardians may have copies of your childhood immunizations in old papers, including baby books and school or camp forms.



Niagara W/ Region niagararegion.ca/vaccines





- Schools, colleges, universities or other post-secondary institutions may still have records for you or your child.
- **Previous employers**, including the military, may still have records from your employment.

If your family is having trouble with locating or transferring immunization records, please <u>contact the Vaccine Team</u> and a nurse will discuss what needs to be done. Translation services are also provided.

#### **Eating Disorders Awareness Week**

From **February 1st to 7th 2025** join, National Eating Disorder Information Centre (NEDIC) and eating disorder groups nationwide that come together to observe <u>Eating</u> <u>Disorder Awareness Week</u>. This dedicated week of action aims to educate the public about eating disorders, raising awareness of their impact, dispelling harmful stereotypes and myths, and highlighting available support for those living with or affected by these disorders.

Discover the support services provided by the National Eating Disorder Information Centre for parents and caregivers. Below are some resources worth exploring:

• Niagara Region x National Eating Disorder Information Centre "Transform the

Narrative" Livestream

- A Parents' and Caregivers' Guide to Supporting Youth with Eating Disorders
- A Guide to Discussing Your Concerns with Your Child's Primary Care Provider
- Coping Strategies for Families and Partners of an Individual Living With an Eating
  Disorder

#### Family Day



Family Day is coming up on **Monday, February 17th** and it's a great chance to spend time with loved ones Whether it's starting a new tradition like a family hike, playing outdoors, trying a nutritious recipe, or enjoying a fun board game together, this Family Day can be all about building lasting memories and promoting a healthy lifestyle.

To support you in making Family Day a meaningful occasion, we invite you to explore local programs and events to make the most of the day and keep your family active, engaged, and healthy!





- **Explore an EarlyON centre**, providing free, high-quality drop-in programs for children from birth to six years of age. Click here to access their family day calendar!
- The local Performing Arts Centre has a full day of exciting events for all ages. Check out their <u>schedule</u> and enjoy a variety of activities happening throughout the day.
- Visit the Merriton Community Centre on February 15th for their annual Family Fun Day
- Find a new adventure spot in a regional walking or hiking trail
- Check your local public library for free family day activities

