



Alexander Kuska K.S.G. Catholic School

Alexander Kuska K.S.G. Catholic Elementary School
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C. Moscato - Principal F. Wood - Vice Principal
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Alexander Kuska K.S.G. Catholic School Mission Statement

As a community of faith, the mission of Alexander Kuska Catholic Elementary School is to work in partnership with the home and the parish to provide a Christ-centered learning environment which allows students to grow spiritually, to strive for academic excellence and to become responsible citizens with a love of learning.



Prayer for February

Jesus, You are love and You show us what real love is. Patient and kind, not envious or boastful, not proud or rude, not self-seeking or easily angered, keeping no record of wrongs, not delighting in evil but rejoicing with the truth. Teach us to love each other better and to follow Your example.

Follow us on Social Media



@kuskaknights

In the Gospel of Matthew we hear Jesus teaching His disciples saying, "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven" (Matt. 5: 3-12)

Jesus called the disciples, as He calls each of us, to follow Him by living the Beatitudes. Jesus IS the Beatitudes. Looking at Him you see what it means to be poor in spirit, gentle and merciful, to mourn, to care for what is right, to be pure in heart, to make peace, and to be persecuted. This is why He has the right to say, "Come, follow me!" He does not simply say, "Do what I say." He says, "Come, follow me!"

~~~ Niagara Catholic District School Board Mission Statement ~~~

We are a Christ-centered Catholic community that celebrates diversity and fosters spiritual growth, inspiring all to reach their full potential in mind, body and spirit.



February 2025



HAPPENINGS



Kindergarten Open House

February 6 from 10am-6pm

Do you know any children born in 2021?

Tell them to come register, take a tour and see what Alexander Kuska Catholic School is all about!

Bring the original birth certificate, Baptism certificate (if applicable), and proof of address to help speed up the registration process.

If you are unable to attend this day, please contact the school to arrange another day for a tour.

Black History Month

The month of February is Black History Month and the theme for 2025 is "Black Legacy and Leadership: Celebrating Canadian History and Uplifting Future Generations". Keep an eye out for the visual displays that will be in the front hall to learn more about notable Black Canadian figures. Announcements about their contributions will also be shared daily throughout the month.



Pink Shirt Day

When: February 26

What: Wear a pink shirt

Why: Stand up to bullying!



St. Kevin's Mass Times

Saturday - 5:00 pm

Sunday - 8:30am, 10:00am, 11:30am



For the word of God is alive and active. Sharper than any two-edged sword, it penetrates even to the dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. Nothing in all creation is hidden from God's sight. Everything is uncovered and laid bare before the eyes of Him to whom all must give account.

Hebrews 4:12



February 2025



HAPPENINGS

Kids Helping Kids Fundraiser

Niagara Catholic's 27th Annual Kids Helping Kids fundraiser will take place from February 10-21, 2025.

This year's event will jointly support the Niagara Children's Centre, as well as the Niagara Foundation for Catholic Education. Kids Helping Kids is a fun, informal fundraiser, which supports these causes through paid participation in events such as Jersey Day, Hat Day and Creative Hair Day. Kids Helping Kids is open to students attending in-school and students in our virtual schools. Donations to the Kids Helping Kids fundraiser can be made in School Cash Online. For further information about the Niagara Foundation for Catholic Education, please contact Jim Marino, at 905.735.0240 ext. 210 or jim.marino@nfce.org. To find more about the Niagara Children's Centre, please visit their website: Niagara Children's Centre.



Stay tuned for more information about our fundraising events taking place in February!

Bonhomme Carnaval Play Day



On **Friday, February 28th** we will be having our winter Bonhomme Carnaval Play Day!

This is an all day event where students will be organized into groups to participate in cooperative games and activities. Half the day will be spent inside and half outside, so come prepared for the weather. Students will also enjoy half a cinnamon-sugar BeaverTail.

***Please note that the BeaverTails pastry contains wheat, barley, and soy and is cooked in canola oil, and coated with cinnamon-sugar. More information can be found on the BeaverTails website.*



February 2025



HAPPENINGS



Comfy Cozy Day & Skating

Students in Grades 1-8 will have the opportunity to skate on February 12th at the Meridian Centre. The cost is \$7 and can be paid through SchoolCash Online.

Please note: the snack bar is not open. There is no need to send money for the vending machines. We are there to skate and will eat prior to skating, as well as upon our return to the school. All skaters must have a PROPERLY FITTING CSA approved hockey helmet with a strap. Students will not be permitted to skate with a bicycle helmet.

This will also be an alternate dress day for ALL students. Students are invited to wear their comfiest and coziest clothes, while also dressing warmly for skating.

Report Cards

Term 1 Report Cards will be available on the **Parent Portal** in the afternoon of Thursday, February 13th.

Although no formal interviews are scheduled, as always, teachers and/or parents may request a meeting at an agreeable date/time to celebrate the many successes over the course of the term.

The Parent Portal can be found here: [Report Cards - Niagara Catholic District School Board](#)

Purse Bingo

Our very first Purse Bingo fundraiser is coming up and it is sure to be a great event! Grab your tickets while you still can on SchoolCash Online, while supplies last!

We hope to see you there!



Specialty Lunch Days



Wednesday, February 5



Wednesday, February 12



Wednesday, February 19

Outdoor Play

Families are reminded to ensure their child(ren) are bundled up for daily outdoor play. If students are at school, then they are well enough to get some fresh air and go out for recess. If you feel that your child isn't well enough to be outside at recess, then please keep him/her home to rest and get better quickly.



To save yourself a midday interruption at work and to ensure the comfort of your child, please send a change of clothes, extra socks and mittens to school with your child.



February 2025



HAPPENINGS

Harvest Kitchen

On Wednesday, January 29th members of our Catholic School Council, Social Justice committee and staff worked together to prepare and serve dinner to roughly 150 people in Welland. Thank you for all of your work serving our community!



Eco-Schools Challenge

Waste-Free Lunch Week: February 10-14

Join our EcoSchools Committee in reducing waste! Pack a waste-free lunch using reusable containers, washable cutlery, and cloth napkins. Let's avoid single-use plastics, prepackaged items, and disposable utensils. Together, we can reduce our environmental impact and make a difference!



REMINDERS

- **P.D. Day** - There will be no school for students on Friday, February 14th.
- **Family Day** - Enjoy the long weekend and soak up time with family! The school will be closed on Monday, February 17th.

St. Valentine's Day

Since St. Valentine's day falls on the PA day this year, classes will celebrate this day of love and friendship on Thursday, February 13 with some in-class activities.

A reminder that as per our Health and Safety guidelines, parents are asked **not** to send any Valentine's treats for the class, as they cannot be shared with other students. Any snacks will be sent back home.

Kindergarten and Primary teachers will share more details about specific classroom activities.



Niagara Region Public Health School Health Newsletter

February 2025

Welcome to Kindergarten!

Do you have a little one starting Kindergarten?



Public Health works in partnership with teachers, support staff, students, and parents to build a healthier school community.

Check out our [School Health webpage](#) for some important links and supports:

- [Childhood illnesses and diseases of public health significance](#)
- [Non-reportable illnesses and exclusion periods](#)
- [Dental Screening](#)
- [School-aged vaccines](#)
 - Parents and legal guardians of junior and senior kindergarten registrants and students new to Ontario are asked to report their vaccinations to [Public Health](#).

Is your child due for vaccines?

Go to [Immunization Connect](#) to review your child's immunization history and check the **Immunizations Needed** section for missing vaccines.

If your child is missing any vaccines, book an appointment to get them vaccinated. Vaccines are available at healthcare providers' offices, walk-in clinics or Public Health vaccination clinics.

Bring your yellow card or immunization record print out from [Immunization Connect \(ICON\)](#) to each vaccine visit. This will help you and your health care provider keep an up-to-date record of which vaccines have been received.

Can't find any immunization records? Here are some [tips](#) to help you.

- **Previous healthcare providers** will keep records for a limited time. Also check with local health units, your pharmacist, and any urgent care clinics, as well as hospital emergency departments.
- **At home** – Close family members such as parents or guardians may have copies of your childhood immunizations in old papers, including baby books and school or camp forms.
- **Schools, colleges, universities or other post-secondary institutions** may still have records for you or your child.
- **Previous employers**, including the military, may still have records from your employment.

If your family is having trouble with locating or transferring immunization records, please [contact the Vaccine Team](#) and a nurse will discuss what needs to be done. Translation services are also provided.



Niagara Region

niagararegion.ca/vaccines

Eating Disorders Awareness Week

From **February 1st to 7th 2025** join, National Eating Disorder Information Centre (NEDIC) and eating disorder groups nationwide that come together to observe [Eating Disorder Awareness Week](#). This dedicated week of action aims to educate the public about eating disorders, raising awareness of their impact, dispelling harmful stereotypes and myths, and highlighting available support for those living with or affected by these disorders.

Discover the support services provided by the National Eating Disorder Information Centre for [parents and caregivers](#). Below are some resources worth exploring:

- [Niagara Region x National Eating Disorder Information Centre “Transform the Narrative” Livestream](#)
- [A Parents' and Caregivers' Guide to Supporting Youth with Eating Disorders](#)
- [A Guide to Discussing Your Concerns with Your Child's Primary Care Provider](#)
- [Coping Strategies for Families and Partners of an Individual Living With an Eating Disorder](#)

Family Day



Family Day is coming up on **Monday, February 17th** and it's a great chance to spend time with loved ones. Whether it's starting a new tradition like a family hike, playing outdoors, trying a nutritious recipe, or enjoying a fun board game together, this Family Day can be all about building lasting memories and promoting a healthy lifestyle.

To support you in making Family Day a meaningful occasion, we invite you to explore local programs and events to make the most of the day and keep your family active, engaged, and healthy!

- **Explore an EarlyON centre**, providing free, high-quality drop-in programs for children from birth to six years of age. Click [here](#) to access their family day calendar!
- **The local Performing Arts Centre** has a full day of exciting events for all ages. Check out their [schedule](#) and enjoy a variety of activities happening throughout the day.
- **Visit the Merriton Community Centre** on February 15th for their annual Family Fun Day
- **Find a new adventure spot** in a [regional walking or hiking trail](#)
- **Check your [local public library](#)** for free family day activities

