



Firebird Free Press

October 21st-25th, 2024.

Week at a Glance

Monday October 21st

- *Lifetouch Fall Photos
- *Intermediate Boys Volleyball tryouts after school from 3pm-4pm
- *Junior Girls Triple Ball tryouts @ 10:50am -11:30am in the gym
- *Junior Boys Triple Ball tryouts @ 12:50pm-1:30pm in the gym
- *Musical Practice for Cast 1 and 2 Scene 1-5 @10:50am in the resource room
- *Choir Day 2 at 12:50pm-1:10pm in the music portable

Tuesday October 22nd

- *Intermediate Girls Volleyball tryouts after school from 3pm-4pm
- *Junior Girls Triple Ball tryouts @ 10:50am -11:30am in the gym
- *Junior Boys Triple Ball tryouts @ 12:50 pm-1:30pm in the gym
- *Musical Practice for Cast 1 and 2 Scene 6-9 @10:50am in the resource room
- *NCDSB Cross Country Meet at Fireman's Park
- *Pasta Fresca Orders Due: School Cash

Wednesday October 23rd

- *Advanced Team Dance Practice @ 7:50am
- *Intermediate Boys Volleyball tryouts from 10:50am-11:30am
- *Pilgrimage at Saint Paul from 1pm-4pm for grade 8's
- *Musical Practice for Cast 1 and 2 Scene 1-5 @ 10:50am in the resource room

Thursday October 24th

- *Intermediate Girls Volleyball tryouts after school from 3pm-4pm
- *Musical Practice for Cast 1 and 2 Scene 6-9 @10:50am in the resource room

Friday October 25th

- *Performance Dance Team Practice Friday from 10:50am-11:30am: Gym
- *Pizza Day

Intermediate Soccer

On Thursday October 3rd, two intermediate boy's soccer teams represented SJHN at the NCAA board soccer tournament. The two teams competed against schools from all over the Niagara Region. Team 2 played with great sportsmanship and teamwork, however finished without a win.

Team 1 finished the round robin in first place in their division with 2 wins and a tie. They cruised in the semi-finals and in the championship game they played St. Mark in a very competitive game. The game finished in a 0-0 draw and needed penalty kicks to determine a champion. The shootout needed extra kickers and Team 1 ended up winning 6-5! Thank you to Mr. Quaranta and Mr. Tham for coaching.

Team 1 members:

- Frank Harper
- Luca Marino
- Logan Stewart
- Mitchell Reid
- Leo Procopio
- Andrew Dekker
- Rocky Sacco
- Adriano Carbonara
- Pablo Gonzales
- Jordan Fabiano
- Devonte Christian
- Patrick Damiano
- Calan Perrotta
- Nico Kolochuk

Team 2 members:

- Michael Foschini
- Abel Titto
- Nicolas P
- Owen Bender
- Ben Bergen
- Luca Bomberry
- Cameron Morrison
- Jaxsen Formica
- Kyle Shellorne
- Hayden Dufour
- River Lord

On Friday October 4th, two intermediate girls' soccer teams represented SJHN at the NCAA board soccer tournament. The two teams competed against schools from all over the Niagara region. Team 2 played with positivity and confidence throughout the tournament and finished with a 0-2-1 record. Team 1 went undefeated going into the finals and faced St. Vincent De Paul in the finals. The team ended up falling short 2-1 and placed 2nd amongst the best teams in the region. Thanks to Mr. Quaranta and Mr. Tham for coaching.

Team 1 members:

- Lauren Todd
- Adriauna Caputo
- Skylar Christian
- Rachel Kerwin
- Isabella Risdale
- Keyondra Smith

- Solana Tham
- Michela Lombardi
- Layla DeMartino
- Mila Petrella
- Riley Woehl

Team 2:

- Maya Hliwa
- Makaela Ellis
- Myah Gorgi
- Gabby Gaitan-Torres
- Bianca DeCicco
- Samantha Finelli
- Laila De Prophetis
- Sebriya James
- Ciara Smith
- Chloe Ayilara
- Abby Sadowsky
- Natalia DeSimone









DO NOT HANG ON GOALS - SERIOUS INJURY CAN OCCUR





Elf Musical

This is a friendly reminder that on Monday, December 16th, 2024 students from Kindergarten to Grade 8 will have an opportunity to attend the musical performance, Elf at the Greg Frewin Theatre.

As part of the drama and music curriculum, students will have a chance to experience a true musical theater production. We will also be supporting some of St. John Henry Newman's students who will be performing in the musical.

Please be sure to log into SchoolCash Online and purchase tickets for your children on or before October 30, 2024. No late or cash payments will be accepted as we need to confirm numbers with the theatre. There is also an option to purchase a small popcorn and water for an additional \$6.00. This is **optional**. Please note that students who choose not to purchase popcorn will be allowed to bring their water bottle and pocket snacks with them to the performance. Students are NOT permitted to bring money to purchase additional items from the concession stands.

Thank you very much for your attention to this opportunity.

Pie in the Face for Charity

PIE in the FACE was a HUGE success this year! Thank you, Firebirds for collectively raising almost \$2000! for The Terry Fox Foundation! Our SchoolCash Online donations totalled \$1889.00 and our one day flash sale raised just shy of \$100.00! The gymnasium was filled with excitement on Thursday, October 10th as one student's name from each class was drawn to pie a special staff member in the face! An extra five lucky students' names were drawn at the end. Mr. Tham was EMCEE extraordinaire and members from our student council helped this event run smoothly behind the scenes. Special thank YOU to our amazing PIE in the FACE volunteers, Mr. Spagnol, Mrs. Hastings, Mr. Morasse, Mr. Quaranta, Mr. Redmond, Mr. Reich and Mr. Tham. Ms. Aleo was instrumental in supporting the staff as they set up and cleaned up after the event. Thank you to Mrs. deRuiter, Mrs. Gabriele and Mrs. Sacco for their leadership and dedication to raising awareness and money for cancer research over the last six weeks as they prepared their students for the Terry Fox prayer service, for the walk and the fun assembly. Well done and thank YOU, SJHN!









International Language Program Information



International Languages Program Sept 2024.pdf

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763.3 KB

Dental Tips

Keep your child's smile BOO-tiful this Halloween!

Here are some tips to help keep teeth healthy:

- Brush teeth twice a day for two minutes using fluoridated toothpaste
- Floss once a day
- Stay away from sticky, starchy and hard candy
- Limit sugary drinks. Drink water after eating tasty treats to rinse away sugar that may be stuck on your teeth.
- Book a FREE dental appointment at Public Health's dental clinics by calling 905-688-8248 or 1-888-505-6074 ext. 7399 or [live chat with us](#).



To learn more on how to keep your family's teeth healthy, visit www.niagararegion.ca/dental.



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