



ST. PATRICK

NEWSLETTER

OCTOBER 2024

PRINCIPAL'S MESSAGE

As we approach Thanksgiving, let us be thankful to God for His abundant blessings that grace our lives and our beloved Catholic elementary school.

May this season of thanksgiving remind us that we are called to share these blessings with those around us and in particular with those less fortunate.

Let us be especially thankful for our wonderful school family. The unwavering support, dedication, and faith present within our walls and beyond make our school truly special.

May this Thanksgiving continue to bring joy and blessings into your homes.

~Ms. Romano



Important thanks and reminders for parents and guardians:

- **Thank you for dropping off and picking up students in the church parking lot. This has helped keep the yard less congested.**
- **Kindergarten parents, please drop off your children at the gated area and then leave the property. It makes it easier for children to say goodbye and begin their day.**
- **Please use the Safe Arrival system to report your child's absences. Early pick up and alternate dismissal arrangements should be made in advance and communicated with the school well in advance of the end of the school day.**
- **Ensure your child is dressed appropriately for the weather and in school dress code.**
- **Complete School Cash and permission items on time so that children don't miss out on activities**

CSC MEETING

Our first Catholic School Council meeting of this school year will take place in our school staff room on

Monday, October 7 at 5:30pm.

All parents and guardians are welcome!



OPENING SCHOOL MASS

Students, staff and parents joined St. Mary School for a beautiful opening school mass at St. Patrick Church. Thank you to Frs. Gerard and Joi and to Mr. Curcio, grade 7/8, Mr. Basilone, Mrs. Willick, and our student choir for leading us in scripture and in song.



DO WHAT YOU CAN'T

This year's unofficial school motto is #dowhatyoucant! Students will create and work on achieving personal and academic goals this year. One student from every class will be recognized and awarded the #dowhatyoucant award each month at an assembly. Parents will be invited to join in these assemblies.



COMMUNITY PARTNERS

Thank you to Vince Stranges of the Niagara Falls Soccer Club and to Canada Soccer in Schools for the generous donation of soccer equipment for our school!



Thank you to Mr. Pascoe for inviting Home Depot to run building workshops for our students!

Two great programs building strong relationships with our school!



TERRY FOX WALK

Congratulations to all students, staff and parents for a successful walk once again! Special thanks to Mr. Curcio, Mrs. Lennox, Mrs. Ciocca and all who helped and participated!



SOCCER

Our Junior Girls and Boys Soccer Teams competed in their tournaments this month at St. Paul High School. Both teams represented St. Patrick well! Thank you to coaches Mrs. Zitano and Mr. Curcio and to all parent drivers and supporters. A special thank you to all staff for helping out back at the school.

HALLOWEEN

Halloween is on Thursday, October 31. Students will be able to **come to school dressed in their costumes**. A reminder that all costumes must be school-appropriate and are not be offensive or violent nature. No accessories such as weapons, swords, guns or knives are permitted. A reminder that candy, sweet treats and other food items will not be permitted and if any should arrive at school, they will be sent home. Parents and grandparents will be invited to join us for a Halloween Parade. A letter with details will be sent home via school messenger. Hope to see you all then!



Niagara Region Public Health School Health Newsletter

October 2024

Don't Be Scared by Cavities this Halloween!

Keep your child's smile BOO-tiful this Halloween!

Here are some tips to help keep teeth healthy:

- Brush teeth twice a day for two minutes using fluoridated toothpaste
- Floss once a day
- Stay away from sticky, starchy and hard candy
- Limit sugary drinks. Drink water after eating tasty treats to rinse away sugar that may be stuck on your teeth.
- Book a FREE dental appointment at Public Health's dental clinics by calling 905-688-8248 or 1-888-505-6074 ext. 7399 or [live chat with us](#).



To learn more on how to keep your family's teeth healthy, visit www.niagararegion.ca/dental.

Help Keep the Classroom Germ Free – Stay Home When Sick

Fall brings the 'unofficial' start of respiratory illness season. This means that viruses that affect our respiratory system (for example our lungs and throat) begin to spread more often.

Help keep the classroom germ free by keeping your child home if they are sick. If your child is sick, they should stay home from school until:

- ✓ They have no fever, without the use of fever reducing medication and
- ✓ Their symptoms have been improving for at least 24 hours or 48 hours if they have nausea, vomiting and / or diarrhea and
- ✓ They don't develop any new symptoms



Each year, different respiratory viruses can be spreading in our community at the same time. These viruses can have similar symptoms. This means it can be hard to tell what you are infected with based on just symptoms alone. For more information on, visit [Managing Illness - Exclusion periods](#) and our downloadable resource [Respiratory Illnesses: Protect Yourself and Others](#).

By keeping your child at home when they are feeling sick, you are actively helping to prevent the spread of infection and disease among the entire school community.

Annual Memorial Forest Vigil:

The [Memorial Forest](#) seeks to reduce the stigma around mental illness and promote a greater understanding and compassion from the community as a whole. Each year, a Memorial Forest Vigil is held during Mental Illness Awareness Week to provide an opportunity to share stories of hope and success as told by individuals and family members living with mental illness.



Thank the Almighty, for all that He gave in your life, for the food that you eat, for the people you greet, for the love in the heart, for that wonderful start. Thank the Lord for everything, because it is Thanksgiving Day!”

– Author

