

OUR LADY OF MOUNT CARMEL CATHOLIC SCHOOL PHILOSOPHY OF SPORTS COMPETITION



Our Lady of Mount Carmel strives to develop the social cognitive, language and motor skills necessary for individual and group participation in athletic activities. Physical Education classes and intramural sporting activities are the basis for student skill development.

School teams are competitive in nature. While all students are encouraged to try-out for the various teams that compete in city and school board tournaments, we recognize that only a select few are chosen. Decisions about individual participation are not taken lightly, and rest solely with coaching staff supported by school administration. Our Lady of Mount Carmel School requires all participating members of school teams to abide by three important standards (The 3 A's):

- Academics - complete all assigned activities to the best of his/her ability
- Attitude - demonstrate a positive attitude and respect for *all* individuals in the school community
- Athletics - demonstrated proficiency, sportsmanship, teamwork and the commitment to contribute based on the needs of the team

Fair Play is a philosophy that prevails in all Junior Division athletic team that competes in the Niagara Falls Sports Council city events. Fair Play emphasizes equitable participation, in an effort to develop competitive spirit and sportsmanship. For this age group and division, participating and doing one's best are more important than who wins or loses.¹

Intermediate Division athletics focuses on skill development and mastery, and the Catholic Value of the pursuit of excellence. Our desire is for our school athletes to experience the sights, sounds, and physical feelings surrounding a competitive sporting event, and the excitement of competitive sport. We strive to prepare our athletes systematically and progressively.

¹ Adopted from the Coaching Association of Canada National Coaching Certification Manual

Prior to a student's decision to participate on any Carmel athletic team, the coaching staff will discuss mutual expectations with athletes in an honest and open manner, giving due consideration to the age and experience of individual participants.

The coaching staff will provide athletes with the information necessary for them to make an informed decision about their role and status on the team.² Team members will spend considerable time in meaningful drills. Our Lady of Mount Carmel School reserves the right to let the coaching staff make any and all decisions when those decisions will affect the outcome of Intermediate Division tournament play.

At Our Lady of Mount Carmel School, we strive to develop athletic skills and to nurture the love of sports through Physical Education classes, intramural sporting activities and participation on school teams. We highly recommend individual participation in specific city or regional athletic teams to enhance and nurture these common goals so that every student can develop their athletic skills to their highest potential and experience individual success.

² Adopted from the Coaches of Canada Code of Ethics