**APPENDIX E** 



## SAMPLE LETTER [B] TO PARENTS/GUARDIANS

## [To inform school community about Anaphylaxis]

## (Elementary)

Dear Parents/Guardians,

I hope you will consider this letter very carefully and join the staff in taking care to ensure the safety of all the students in the school.

A number of our students have a potentially life-threatening allergy (anaphylaxis) to peanuts and tree nuts (e.g. almond, cashew, hazelnut, pistachio). These students are in various grades and we must all join together to ensure their safety.

I ask respectfully that families cooperate by enjoying peanut/tree nut-containing products at home (please do not send to school).

- 1. All foods must be eaten in the classroom absolutely not outside or on the bus.
- 2. Food is not to be shared with other students.
- 3. Utensils are not to be shared with other students.
- 4. Hands are to be washed before and after eating with soap and water.
- 5. Dispose of all food refuse properly.

On behalf of the students and their parents/guardians, I thank you for your co-operation.

Yours in Catholic Education,

Principal