



NIAGARA CATHOLIC
DISTRICT SCHOOL BOARD



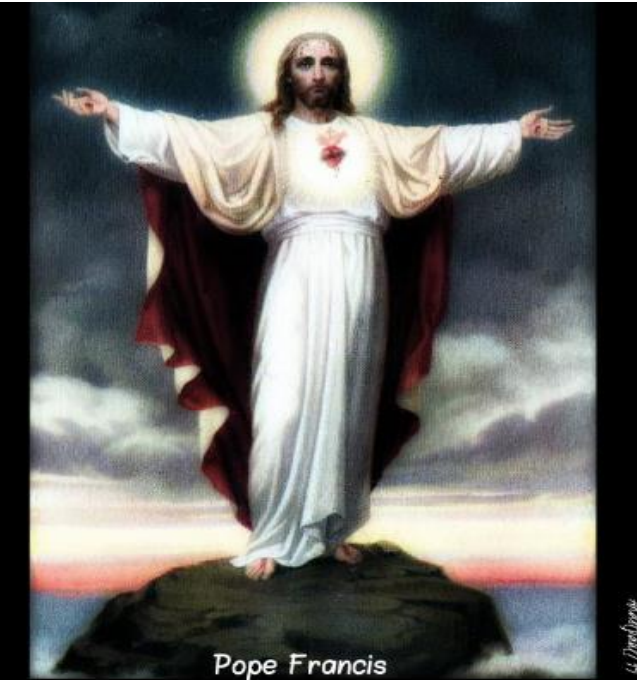
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June 2024

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PRINCIPAL'S MESSAGE



Pope Francis

The month of June is traditionally dedicated to the Sacred Heart of Jesus, the highest human expression of divine love. The Heart of Jesus is the ultimate symbol of God's mercy – but it is not an imaginary symbol, it is a real symbol, which represents the centre, the source from which, salvation for all humanity gushed forth.



Niagara Region Public Health School Health Newsletter June 2024 Sun Safety When enjoying the outdoors and getting some natural Vitamin D, Public Health would like to remind kids and adults to use proper protection from the sun. • Slap on a hat • Slop on sunscreen • Slide on sunglasses • Slip on protective clothing Check out The Canadian Cancer Society's Enjoying the Sun for sun safety tips and information on protecting toddlers and children. For additional information, visit Niagara Region Public Health's website.

Ticks

Ticks, mosquitos and rabid animals can be a risk as the weather warms up. • Mosquitoes transmit the West Nile virus to humans after becoming infected by feeding on the blood of birds, which carry the virus. • The black- legged (deer) tick transmits Lyme disease to humans after becoming infected by feeding on the blood of small animals which carry the disease. • Rabies is transmitted through saliva from bites and scratches, entering an open cut or wound, or from saliva contacting a mucous membrane, such as those in the mouth, nasal cavity or eyes. For more information and tick identification, individuals can contact a Duty Officer directly at 905-688-8248 ext. 7590. General tick information can be found on our Niagara Region Public Health website.

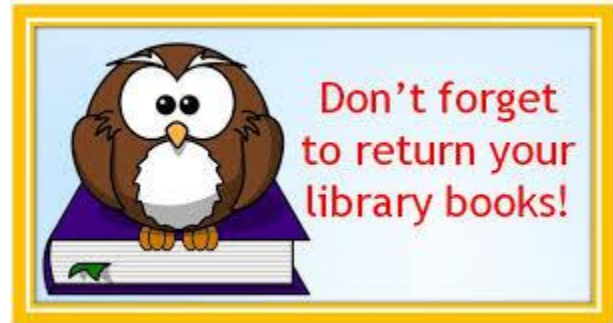
Screen Time As we prepare to head into summer vacation and more time at home, we encourage families to take the opportunity to review recreational screen time and online safety. Over the

JUNE

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PLEASE RETURN LIBRARY BOOKS

Reminder to return library books for June 12th!



PRIDE FLAG

By flying the Progress Pride flag at our schools and sites, Niagara Catholic is creating a visible symbol of acceptance and safety for our students who identify as part of the LGBTQ2S+ community, and for their families and allies. Knowing that their school is a safe and accepting place contributes to the mental health and wellbeing of our students. Thank you for your continued support of all Niagara Catholic students and families.

NO SCHOOL

Friday June 7, 2024 is a PD Day!



HOT LUNCHES IN JUNE



Thursday June 6th — Chicken Lunch
Thursday June 20th - Waffle Day
Thursday June 27th - Pizza Day



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