

# Alexander Kuska K.S.G. Catholic School

Alexander Kuska K.S.G. Catholic Elementary School 333 Rice Road, Welland ON, L3C 2V9 905-735-4471 C. Moscato - Principal F. Wood - Vice Principal K. Kinney - Superintendent of Schools



#### Alexander Kuska K.S.G. Catholic School Mission Statement

As a community of faith, the mission of Alexander Kuska Catholic Elementary School is to work in partnership with the home and the parish to provide a Christ-centered learning environment which allows students to grow spiritually, to strive for academic excellence and to become responsible citizens with a love of learning.



Prayer for June

Father, this month we honour our earthly fathers. Thank you for these men who love, protect, and guide us through this life. Strengthen them for the weight of this responsibility and help them to reflect You and Your heart for Your children. We thank You that as our Heavenly Father we can turn to You with our joys, as well as our sadnesses, and fears. In Your holy name we pray, Amen.



Have you ever tried talking to someone in another room? It can be difficult to hear what the other person is saying because of all the walls and obstacles in the way. Sometimes we put obstacles up that make it hard for us to hear God's voice. God never moves away from us, but we can turn away from Him. Even still, God is never far from us. He loves us and wants to lead us back home. One of God's ways of removing these obstacles is by forgiving us in the Sacrament of Reconciliation. The words we hear from the priest are the words of Jesus: "I absolve you of your sins." Let us give thanks to God for His mercy and take advantage of this great gift of God's forgiveness.

~~~ <u>Niagara Catholic District School Board Mission Statement</u> ~~~ We are a Christ-centered Catholic community that celebrates diversity and fosters spiritual growth, inspiring all to reach their full potential in mind, body and spirit.



# **JUNE 2024**



# HAPPENINGS

### **Sacrament News**

Last month, the grade 8's celebrated their Confirmation and the grade 3's their 1st Reconciliation.

Congratulations to all these students on marking these milestones!.



#### **School Masses**

June 12 - End of School Year Mass - 10am at St. Kevin's - All students (JK - Grade 8)

June 18 - Grade 8 Grad Mass

- 10am at St. Kevin's
- Grade 8 students from Welland schools

## St. Kevin's Mass Times

Saturday - 5:00pm

Sunday - 8:30am, 10:00am, 11:30am



Children, obey your parents in the Lord, for this is right. "Honour your father and your mother" (this is the first commandment with a promise), "that it may go well with you and that you may live long in the land." Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

– Ephesians 6:1-4 –







# Happenings

### Year End Field Trips

<u>Kindergarten</u> - Jellystone Park - June 20

- <u>Grade 1's</u> Zacada Circus School - June 19
- <u>Grade 2's</u> Parkway Lanes - June 20
- <u>Grade 3's</u> Jordan School House - June 10 - Purdie & Mantesso
  - June 13 Fabiano & Melo

Grade 4's & 5's - Medieval Times - June 24

<u>Grade 6's</u> - Clifton Hill - June 3

<u>Grade 7's</u> - Canada's Wonderland - June 26

<u>Grade 8's</u> - Ottawa - June 19-21

### **Graduation**

The graduation ceremony for our Grade 8 class will be June 24th at 5:30pm at Notre Dame.

Students are asked to arrive no later than 5:00pm.

Following the ceremony, graduates will enjoy an evening of fun at Parkway Social.

A big congratulations to our graduating class! We are so proud of all you have accomplished during your time at Alexander Kuska and pray God's blessings on you as you continue your education.



## End of Year BBQ

We look forward to gathering with our Kuska family on June 6th for a BBQ! The event will run from 5:30pm to 7:30pm. Online orders have closed, but some items may be available in limited quantities that evening. A Classic Treats Niagara ice cream truck will

be on-site with tasty treats for purchase.

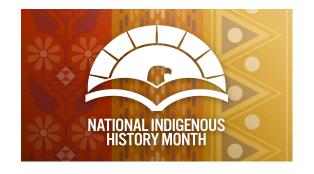
Don't forget your picnic blanket and/or lawn chairs!





### National Indigenous History Month

June is National Indigenous History Month. During this month, take time to recognize the rich history, heritage, resilience and diversity of First Nations, Inuit and Métis Peoples across Canada. To commemorate this month, students will participate in learning experiences related to this important subject.



### Thank you!

Thank you so much to everyone who donated to our Spring-It-Forward Food Drive! We collected a significant amount of food and hygiene products that will be a real blessing to many in our community.

A special shout-out to Mrs. Briggs' kindergarten class who brought in the most items of all the classrooms in Welland!



#### Looking Ahead - 2024/2025 Class Placements

Our staff have been meeting to discuss and create student groupings for next year. Students will be placed with others whom they will be most successful. A great deal of time and effort is spent determining the composition of classes. When organizing class groupings, attention and diligence is required by the classroom teachers, resource teacher, vice principal and principal. A variety of factors are seriously considered when establishing classes. Creating a successful learning environment for all students is a goal we aim to achieve. Some of the criteria considered include: abilities, individual needs, behaviour, work habits, age, learning styles, class size and gender balance. Please note that requests for specific classroom teachers will <u>not</u> be considered.

**HOW CAN PARENTS HELP?** Talk positively to your child about next year. If your child is with a different group of students, please discuss relationship building and new friendships.



#### Niagara Region Public Health School Health Newsletter June 2024

#### **Check your Immunization Records and Travel Health Notice**

If you are planning to travel, add these actions to your planning checklist to help make your trip a healthy one.

- 1) **Make sure you and your children are up-to-date with vaccinations**. Staying up-to-date with vaccinations is important all year round. It is especially important before travelling.
  - When travelling, you may be at risk for vaccine preventable illnesses. <u>Check</u> <u>your immunization records</u> or talk to your health care provider.
  - Learn more about <u>where to get vaccinated</u>. Remember to report vaccinations to Public Health for children 0 – 17 years of age. Report <u>online</u> or call 905-688-8248 or 1-888-505-6074 ext. 7425
- 2) **Review the Public Health Agency of Canada's <u>travel health notices</u>. These notices outline potential health risks to Canadian travelers and ways to help reduce them. Stay informed as you plan your travel.**

#### Ticks

Ticks, mosquitos and rabid animals can be a risk as the weather warms up.

- Mosquitoes transmit the <u>West Nile virus</u> to humans after becoming infected by feeding on the blood of birds, which carry the virus. To learn how to protect your family, visit <u>Reduce the Risk of West Nile Virus -</u> <u>Niagara Region</u>.
- The black- legged (deer) tick transmits <u>Lyme disease</u> to humans after becoming infected by feeding on the blood of small animals which carry the disease. To learn how to protect you and your pets, visit <u>Protect and</u> <u>Prevent Ticks Niagara Region</u>.
- <u>Rabies</u> is transmitted through saliva from bites and scratches, entering an open cut or wound, or from saliva contacting a mucous membrane, such as those in the mouth, nasal cavity or eyes.



For more information and <u>tick identification</u>, individuals can contact a Duty Officer directly at 905-688-8248 ext. 7590. General tick information can be found on our <u>Niagara Region</u> <u>Public Health website</u>.



#### Head safety - for bikes and other wheels

With warmer weather and summer break just around the corner, more kids will be outdoors taking part in activities, such as biking, skate boarding or roller blading. A <u>properly fitted and correct helmet</u> can cut the risk of a serious head injury by up to 85%. This means four out of five brain injuries could be prevented if every cyclist wore a helmet.

- Bike <u>helmets</u> should be replaced after five years or a crash where the cyclist has hit their head
- It's not safe to use a second-hand helmet
- Baseball hats, big hair clips and headphones should never be worn under a helmet

The human skull is just approximately one centimeter thick, so it is important to remind children to always protect their head when being active. To make sure a helmet fits right, follow the 2V1 Rule (image courtesy of <u>Parachute Canada</u>)



#### **Food Literacy**

Want to get your kids excited about food? Food literacy is more than just what's on your plate. It's about loving everything to do with food! Picture your child confidently picking out fresh veggies, cooking healthy meals, and knowing how to keep food safe and budget-friendly.

Food isn't just about eating—it's about enjoying different kinds of food, tasting delicious flavors, and making special memories with family.

Here are some fun things you can do with your kids this summer to help them learn more about food:

- **Kitchen Adventures:** Cook together, try new recipes, and let your kids help with chopping, stirring, and tasting.
- **Grocery Store Scavenger Hunt:** Turn a trip to the grocery store into a game where you look for foods from different groups or colors.
- Grow Your Own Garden: Start a small garden and teach your kids about planting, taking care of plants, and harvesting their own veggies.
- **Food Tasting Party:** Have a party where your kids can try new fruits, veggies, cheeses, and talk about how they taste and feel.
- **Cultural Food Tours:** Explore foods from around the world through virtual or real tours, learning about new flavors and cooking styles.
- Visit a <u>Local Market</u>: Take a trip to a farmers' market, where your kids can meet the vendors and learn about where food comes from.

These activities not only teach kids about food but also make them love cooking, eating, and discovering new foods!



#### Welcome to Kindergarten – Public Health Resources

When children are starting kindergarten it is important that that parents are aware of the following information regarding:

- Childhood immunizations and vaccines required for school
- Oral health
- <u>Vision health and eye exams</u>
- Hand hygiene
- Sleep
- Nutrition

This video is available with additional information for parents. <u>Welcome to Kindergarten video</u>!

Public Health Nurses are available to attend 'Welcome to Kindergarten' events, schools call 905-688-8248 ext. 7379 or email <u>healthyschools@niagararegion.ca</u> to schedule an nurse at an upcoming event.

#### **OPHEA – Outdoor Education Toolkit**

With the beautiful weather quickly approaching <u>Outdoor Education Toolkit</u> was developed to enrich and promote a culture of safety-mindedness, increase teacher awareness, confidence, and preparedness to teach outdoor education safety and risk management, and increase student awareness, confidence, and preparedness about outdoor education safety and risk management.

#### Blue the Butterfly Pedestrian Safety

Thinking about a walk to school event with the warmer weather? Consider using the Blue the Butterfly Pedestrian Safety video to support your event. <u>CLICK HERE</u> Blue's tips include:

- Walking to school reduces cars on the street which is good for safety and the environment, and walking in groups can be fun.
- Before you start walking, check the weather and dress properly.
- Walk where motorists expect to see you, like on a sidewalk or pathway.
- Stay alert, pay attention and listen for traffic.
- Use your pointer finger to express your intention to cross a street to motorists and obey the traffic signals.
- Show everyone respect while walking, including to fellow pedestrians and property.

Remember, most students who travel to school on the bus are pedestrians on their journey to the bus stop and can benefit from watching this video too! Visit <u>Pedestrian Safety Program for Primary</u> <u>Grades (nsts.ca)</u>



# Tuesday June Tuesday June 11th @ 630 pm

# SOCIAL NETWORKING

with PAUL DAVIS as featured on CTV NEWS | GLOBAL NEWS

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# EMPOWERING PARENTS IN THE DIGITAL AGE

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