

# ST. EDWARD

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# SCHOOL NEWS

**MAY 2024** 

# PRINCIPAL'S MESSAGE

As May unfolds before us, we're greeted by nature's display of blossoms, vibrant colors and fragrant scents. It's a time of renewal, growth, and the beauty of spring.

On this beautiful month, we also turn our hearts to Mother Mary, a beacon of love, compassion, and strength. Just as flowers bloom and flowrish with the nutrients that spring has to offer, Mary's presence in our lives nuxtures our souls and inspires us to embody kindness, empathy, and grace.

Let's take this opportunity to reflect on Mary's unwavering devotion and emulate her virtues in our daily lives. May her tender love and guidance guide us through our joys and challenges, leading us to cultivate deeper connections with one another and with her Son, our Lord, Jesus.

Together, let's sow seeds of love, kindness, and understanding, nwturing a community where everyone feels valued, supported, and cherished. May this month of May be a testament to the beauty of nature, the love of Mary, and the unity of our school family.

Wishing you all a blessed and bountiful month ahead.

Ms. Romano







April has come and gone as quickly as the eclipse back on April 8th. We hope everyone at our Family of Schools had the opportunity to view a once in a lifetime event, the solar eclipse, and that the grade 7's and 8's were able to make use of the glasses provided by our Science Department.

April was another very busy month at Blessed Trinity. Aside from taking the day to safely observe the eclipse, our winter sports came to an end and our spring sports have begun. On any given day at BT you can find some or all of the following sports practicing or beginning their spring seasons:

- Soccer
- Track and Field
- Boys and Girls Lacrosse NEW TO BT
  - Rugby
  - Flag Football
  - Girls Softball
  - Boys Baseball

Exciting news for our future Thunder athletes, the artificial turf field has begun to be installed! It will definitely be ready to be used in September.

Some other events that took place in April... the Junior Formal for our grade 9 and 10 students, the Waterloo Math Contest, the schoolwide annual Compass Survey, and we ended the month with24 of our Grade 11 and 12 leaders from our Link Crew attended the Global Student Learning Summit at Blue Mountain in Collingwood, ON.

Lastly, all of the Grade 8's who will be attending Blessed Trinity in September should have received Student and Course Verification forms to have one last look that they have chosen the appropriate courses for next year and that all of their biographic information is correct.

Please contact Blessed Trinity – Mr. John Cino – 905-945-6706 Ext. 2330 or Mrs. Rose Bianco Ext. 2312, if any Grade 8 parent has any questions.

#### **FAMILY MATH CHALLENGE**

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Using sidewalk chalk, create a hop scotch game on your driveway or sidewalk. Number the squares (skip counting by 1s, 2s, 5s, or 10s) and record a short video of your family playing the game. Email the video to your teacher.

Good luck!



## **CATHOLIC SCHOOL COUNCIL**

Our Catholic School Council is busy preparing for a number of events this month and next: BABH Pay It Forward Social, Kindergarten Orientation, Funfair, and Grade 8 Graduation.

If you would like to know more about getting involved or volunteering, please email stedwardcsc@gmail.com



# GRADE 8 GRADUATION FUNDRAISER

Thank you to all who supported our Grade 8 Graduation

Fundraiser!

Just over \$200 was raised and will go directly to help offset some of the costs associated with Graduation.

Thank you!



# BE A BETTER HUMAN KINGS COURT ASSEMBLY

Congratulations to the following BABH Award Recipients for April:

Scarlett A., Augustas V., Arthur K., Brooke C., Raelyn O., and Savannah V.

A special thank you to our Student Council for doing a wonderful job in leading us!



### **FAMILY MATH CHALLENGE**

Thank you to all who participated and submitted entries! The winner for the month of April is:

The Voskamp Family

Congratulations!



Congratulations to Augustas, Henry, Ellyona, Stephen, Chantal and Matteo for receiving their First Holy Communion on April 7. Thank you to their teachers Mrs. Paxton and Mrs. Petrovsky for helping to prepare them for this special day.



Congratulations to Patrick, Anthony, and Shaone for recieving the Sacrament of Confirmation on April 15.

Thank you to their teachers

Mrs. Petriello and Madame Pasquariello for helping to prepare
them for this special day.

# CATHOLIC EDUCATION WEEK AND MENTAL HEALTH WEEK ACTIVITIES

Monday May 6th  As people of hope	School Wide Liturgy for students, staff and parents- Crowning of Mary Kick off to CEW
Tuesday May 7th  As people of faith	Be A Better Human Pay it Forward Day Students will springboard off of this theme for the school year and choose one person in their lives that has been a better person. They will write a letter to that person, explaining why they were chosen, present them with a BABH certificate and invite them for a classroom visit and to a BABH social in our school gym Thank you for being a Better Human
Wednesday May 8th  As people of  mercy	Kayley Mills Author Classroom Visits, Lunch with the Author and Book Signing Bianca The Brave
Thursday May 9th  As people of justice	Dan Giancola Former CFL Kicker, Fitness Trainer, Author, Motivational Speaker Kick Off to Jump Rope for Heart Event Be That One: Why Does It Have To Be Someone Else, Why Not Me?
Friday May 10th  As people of joy	School Wide Liturgy for students, staff and parents Close to CEW Jump Rope for Heart

Thank you to our CEW and MHW committee: Mrs. Paxton,
Mrs. Petrovsky, Miss Alonzi and Mrs. Lamers for planning such
a wonderful week of activities!



### SAFE ARRIVAL PROGRAM

Report your Child's Absence

The Niagara Catholic Safe Arrival system is accessible to parents/guardians to report their child's late arrival or absence quickly and conveniently.

There are 3 ways to report an absence:

Call the toll free number: tel: 1-844-287-6287

Visit SchoolMessenger.ca: go.schoolmessenger.ca

Or use the SchoolMessenger app.



#### **SCHOOL CASH ONLINE**

ncdsb.schoolcashonline.com

**How Does This Work?** 

It's simple! Just follow the 4 easy steps to make payments. Then see your payment history and receive receipts via email.



#### SCHOOL DRESS CODE AND SPIRIT WEAR

#### maddelenas-uniforms.com

- Niagara Catholic has a standardized dress code for students in all of our Catholic elementary schools.
   All students wear navy blue bottoms and navy blue or white shirts.
- The elementary standardized dress code shirt must be plain (no logos or advertising) and buttoned in a respectable manner. Visible tshirts worn under the elementary standardized dress code top must be either navy blue or white.



#### **BUSES AND KISS AND RIDE**

#### nsts.ca

- Please use the Kiss and Ride Zone for quick pick ups/drop offs, and park in the parking lot for lengthier ones.
- Please do not let children walk alone through the parking lot.
- Please do not park in accessible parking spots unless you have a permit.





## Niagara Region Public Health School Health Newsletter May 2024

#### Vision Health Month

Visual health is an important part of a child's overall health and well-being. Proper vision is important for a child's movement and coordination, independence, play and learning. If left untreated, vision problems may become serious and prevent a child from reaching their full potential.



A yearly eye exam is FREE – the Ontario Health Insurance Plan

(OHIP) covers the cost of an eye exam every 12 months for children up to the age of 19 with a validOHIPcard. Findanevedoctornearyou.

Also, contact an eye doctor if you see ANY of these signs:

● Squintingorholdingobjectscloseto ● Oneeye	thatturnsoutorin
the eyes	
■ Blinkingoften ■ Rubbing,tearing,itchyorburn	ing
eyes	
● Turningortiltingtheheadtotheside ● Reportir	gblurryordoublevision
often	
● Coveringorclosingoneeye ● Reportingheadaches,nauseaoreye	
strain	

For more information on vision screening, please visit https://www.niagararegion.ca/health/schools/vision-screening.aspx.

#### Mental Health Week 2024: A Call to be Kind

Showing compassion toward others can have a huge impact on someone's life. Mental Health Week in Canada runs from May 6 to 12, and this year's theme is focus sed on the healing power of compassion. One of the most important ways that we can demonstrate compassion is through active listening without judgment. Actively listening can create a safe space for people to share their thoughts and feelings. You can do this by avoiding interrupting or dismissing their experiences.



Let's all learn to be more present, attentive, and empathetic.

- Explorehowcompassionconnectsusall
- Learntosafelysupportsomeonestrugglingwiththeirmentalhealth

#CompassionConnects #MentalHealthWeek





## Dangerous Nicotine Product Accessible to Children and Youth: Nicotine Pouches

Local health experts are warning of the dangers posed to young people about new flavoured nicotine pouches. There are multiple brands (Zonnic, Zyn etc.) and concentrations of nicotine pouches currently available for purchase in Canada.

Although this product is not intended for those under 18, youth are becoming their main market. These products come in flavours such as berry frost and tropical breeze. Health Canada approved Zonnic as a quit smoking aid under the country's natural health product regulations, with no restrictions on how it's advertised, where it's sold, or at what age someone can buy it. These products are being sold in local convenience stores and gas stations to youth without any age verification and are found to be stored next to candy and gum.

#### What's the danger?

Nicotine is a highly toxic and powerfully addictive substance. Children and teenagers are at a higher risk due to the addictive properties of nicotine as brain develops into adulthood. Even using small amounts of nicotine may increase the risk of developing a dependence on nicotine in the future.



Please talk to your children about nicotine pouches and other nicotine products to discuss the risks associated with their use.

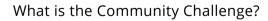
For more information about these products, visit: Dangers of Nicotine Pouches - Canada.ca



## **Educational Resources**

## ParticipACTION Community Challenge

Partake in <u>ParticipACTION Community Challenge</u> June 1 – 30, 2024! Participate in the challenge this June to get moving, connect with others and help students within the Niagara community get crowned Canada's MostActive Community!



The ParticipACTION Community Challenge is a national <u>physical</u> <u>activity</u> and sport initiative that encourages everyone in Canada to get active throughout June in search of Canada's Most Active Community.



For more information visit <a href="https://www.participaction.com/programs/community-challenge/">https://www.participaction.com/programs/community-challenge/</a>





## Mental Wellness Teaching Tools

Maintaining positive relationships with students within a caring school community that is safe, welcoming and inclusive contributes to students' social-emotional wellness and readiness to learn.



Visit our <u>school health teaching tools page</u> and check out 'Supporting mental wellness' dropdown



These evidence-based resources focus on promoting positive mental health in classrooms by providing wellness tools that work to increase protective factors and resiliency.





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Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death.

Amen.



