- 6-10 Education
 Week
- 6- OMAC
- 7- Confirmation, Gr. 4 Dodgeball Jackfish Day
- 8-Celebrating Excellence, Art Gallery, Gr. 7 Nurse in
- 9- Leslie Harper (4-8)
- 10- Pizza
- 14- Reconciliation Gr. 3
- 16- Gr. 5 Handball
- 17- Toonie Treat
- 21- Flag Football
- 22- Track
- 23- Track Rain
 Date
- 24- Pizza
- 28- CSC
- 31 Non Dress Code Day, Gr. 3 Trip

Holy Name Catholic School

May Prayer

Protection Prayer

May the light of God surround you...

May the love of God enfold you...

May the power of God protect you...

May God place His Healing Hands

upon you and heal you quickly....

May the presence of God watch over you....

Wherever you are God is.

Amen.

Reporting Attendance in Safe Arrival

Please ensure that student absences are recorded in Safe Arrival. The prompt completion of attendance helps to ensure student safety. Please enter your child absence into Safe Arrival.

As a Catholic Community, we see the link between our faith and mental health. This year's Catholic Education Week and Mental Health Week theme is, "We are called to love."

The theme for Catholic Education Week 2024 was inspired by the following considerations:

- With joyful anticipation of the Jubilee Year of 2025, we are inspired by Pope Francis announcing the theme of "Pilgrims of Hope." With open hearts of love, we can continue to "fan the flame of hope" for a bright future.
- On the fifth anniversary of Renewing the Promise, we celebrate that Catholic Education is centred on our Christian call to love. This love permeates how we live in the world and as we act with love, we build a better future. As Pope Francis stated in 2023, "He wants us to be artisans of a new history, weavers of hope, builders of the future, peacemakers."
- The theme of the synod, "Enlarge the Space of Your Tent," invites us to listen in love, to be a healing presence to one another and to strengthen relationships.
- In his visit to Canada last summer, Pope Francis gave us hope for our continued work for Truth and Reconciliation. Through prayer and a commitment to love, stronger bonds are forming and a new way forward is emerging.
- Catholic Education Week comes at the same time as Mental Health Awareness Week. Through love and compassion, we continue to support each other's wellbeing. God is love and we are always called to live out this love.
- In our continued work for Equity and Inclusion in Catholic schools, a focus on love reminds us that all God's children are loved unconditionally.

There are five sub-themes for each day of Catholic Education Week and Mental Health Week:

Day 1: As people of hope / Dans l'espérance

Day 2: As people of faith / Dans la foi

Day 3: As people of mercy / Avec compassion

Day 4: As people of justice / Dans la justice

Day 5: As people of joy / Dans la joie

Every year, the Ontario Catholic School Trustees' Association (OCSTA) provides our Catholic schools with a resource kit to help schools prepare for Catholic Education Week. Using these resources, as well as School Mental Health Ontario's website and resources, we have prepared a series of activities, which will highlight how the students and staff at our school are being *Called to love* together.

We hope to see many of you during our school celebrations!

Confirmation

Confirmation will take place on May 7th at 7 PM. Students are asked to be there at 6:30 PM

Track and Field

Holy Name Track and Field will take place on May 22nd. Our Rain date is May 23rd. Track and Field will take place at the new field at Notre Dame.

Gr. 4 Dodgeball

Gr. 4 students will participate in Dodgeball on May 7th at Notre Dame.

Gr. 5 Handball

Our Grade 5 students will be participating in handball at Notre Dame on May 16th.

Niagara Region Public Health School Health Newsletter Niagara Region



For Parents

May is Vision Health Month

Visual health is an important part of a child's overall health and well-being. Proper vision is important for a child's movement and coordination, independence, play and learning. If left untreated, vision problems may become serious and prevent a child from reaching their full potential.

The Eye See...Eye Learn® program encourages parents to book a comprehensive eye exam for their junior or senior kindergarten child with a local, participating optometrist. The eye exam is covered by OHIP and children may qualify for a complimentary pair of eyeglasses.

A yearly eye exam is FREE - the Ontario Health Insurance Plan (OHIP) covers the cost of an eye exam every 12 months for children up to the age of 19 with a valid OHIP card. Find an eye doctor near you.

Also, contact an eye doctor if you see **ANY** of these signs:

 Squinting or holding objects close to the eyes 	One eye that turns out or in
Blinking often	Rubbing, tearing, itchy or burning eyes
 Turning or tilting the head to the side often 	Reporting blurry or double vision
Covering or closing one eye	 Reporting headaches, nausea or eye strain

For more information on vision screening, please visit https://www.niagararegion.ca/health/schools/vision-screening.aspx.

Reporting your child's vaccines

Routine vaccinations are an important step in keeping children and youth healthy. Public Health is required to keep records of each student's immunization status to protect them in the event of an outbreak of a preventable disease.

Parents, legal guardians and students aged 16 and over are responsible for reporting directly to Public Health. Please report your child's immunization every time they receive a vaccine. Even if your child's vaccinations are up-to-date, the information may not have been reported to Public Health. A vaccination record is either an immunization record (such as a yellow card) or a valid exemption form.

<u>Find out which vaccinations are required and recommended</u> for children attending school. Please note that at this time, we ask that you **do not** report any COVID-19 or influenza (flu) vaccination details.

Every time your child receives a vaccine, be sure to report it:

- Online at www.niagararegion.ca/vaccines
- By phone: 905-688-8248 or 1-888-505-6074 ext. 7425 or
- Fax: 905-688-8225

Positive Parenting Program (Triple P)

Niagara Parents is happy to introduce Primary Care Triple P (Positive Parenting Program)!

Primary care is a very private and quick way to get positive parenting support that targets the exact parenting concern or issue you are having. Primary Care Triple P is for parents of children from 2-12 years of age. This service focuses on one specific issue or topic.

- Parent(s) will meet with a Triple P provider about four times.
- Each session usually takes between 15-30 minutes.

To learn more about Primary Triple P, you may visit: https://www.triplep.net/files/2515/2886/8097/ENG_Primary_Care_Triple_P_LTR.pdf

To register for Primary Triple P, you may do so by visiting: https://www.niagararegion.ca/parents/courses/default.aspx

COVID-19 Update

The COVID-19 vaccine is the best line of defense for preventing the spread of COVID-19 in schools and protecting our entire community. Public Health clinics are currently accepting walk-ins for first, second or third / booster doses

If you or your child are experiencing symptoms of COVID-19 or have tested positive on a PCR or rapid antigen test, please review guidance on self-isolation.

Helpful links and resources:

- Schools & Child Care During COVID-19
- Frequently asked questions
- COVID-19 Vaccination in children and youth
- Additional fact sheets in <u>multiple languages</u>

Public health professionals are available to answer any questions through the COVID-19 Info-line Monday to Friday.

- 905-688-8248 or 1-888-505-6074, press 7 (available 8:30 a.m. to 4:15 p.m.)
- <u>Chat online</u> in 90 different languages with auto-translate (available 8:30 a.m. to 4:00 p.m.) Information on COVID-19 and vaccine eligibility is available on Niagara Region Public Health's <u>website</u>, <u>Facebook</u>, <u>Twitter</u> and <u>Instagram</u>.

School News

Spirit Wear- Maddalenas Uniforms

Spirit Wear is available through the Maddalena Uniforms. Maddalena-uniforms.com

Catholic School Council

Our next CSC meeting will take place May 28th in our library.

Hot Lunches

Hot Food Days will be continuing in May. I All future food day orders will be taken online. Please contact the school if you have trouble ordering through School Cash Online. Pizza Days will be May 10th and 24th. Toonie Treat Day will be the 17th.

Parking Lot Safety

Please ensure that all parents exercise caution during morning drop off and pick up of students. Please ensure that all parents drive at a speed in and out of the parking lot that ensures student safety at all times. Let's ensure our kids are safe at all times.

Class Placement

Holy Name will not be taking requests for class placement this year. Placement will be based on staff recommendations.

St. Kevin Parish

Mass Times – Saturday 5
 PM Sunday 9 AM, 10:30
 Am, 5 PM