

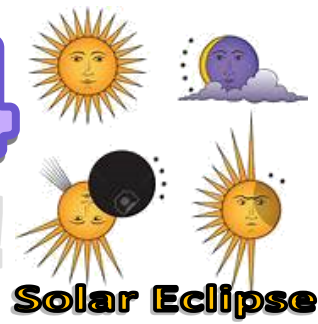


St. Joseph NEWS

We are proud to be a part of the Lakeshore Catholic and St. Michael Family of Schools.

April 2024

We are all called by name to grow with God!



April Reflection:

A big part of friendship involves sharing words with one another. Thoughts, ideas, feeling. All of these things, when shared, help a friendship to grow. But sometimes friendship consists of simply being with one another. Though no words are shared, it is still quality time spent with someone we care about. In our friendship with God it is the same. Sometimes in prayer we don't know what to say. In those moments, we can simply be with God and recognize His presence with us. We can learn from the words of a simple peasant who explained his prayer to his parish priest, St. Jean Vianney: "I look at Him and He looks at me."

With the changing of seasons, spring reminds us that there is very little time left in the school year, with still so many things to do and learn, and so many accomplishments to celebrate. Our faith and learning journey is renewed in the optimism that comes with spring blooms and growth.

As March came to an end we continued to focus on helping children live their faith with the same open arms of Christ during the Lenten season. As a school community, we prepared for Easter by doing good deeds and practicing our faith more deeply. Throughout the weeks leading to Easter and especially during Holy Week, many of our Catholic traditions come to life: the Lord's Supper and the washing of the disciples feet on Holy Thursday; Stations of the Cross on Good Friday; celebrating the Lord's Resurrection at the Easter Vigil on Holy Saturday; and a communal Eucharistic Celebration of the Lord's Resurrection on Easter Sunday. As a school family we continued to strengthen our relationship with Jesus, through prayer, almsgiving and sacrifice. Thank you to our grade three students who led us in prayer and reflection through the Stations of the Cross, sharing in the sorrow and joy of Jesus' journey, and His gift to all of us, everlasting life.

Wishing our families a Blessed Easter, **Mrs. Walsh**

Spring Prayer



Dear Father, thank you for Your continual renewal, refreshing, and restoration.

I pray that this season will be one of growth in my life. Grow me just as You grow the flowers,

vegetables and fruits of this season. In Jesus' Holy name I pray, Amen





From Public Health

Connecting the Curriculum to Home

Your child might start learning about various parts of healthy human growth and development based on their grade and the [Ontario Health and Physical Education \(2019\) curriculum](#). One important topic that is covered is consent.

Starting the Conversation of Consent: Connecting The Curriculum to Home

(Parents of Elementary aged students)

With our School Health Nurses

Our Public Health Nurses Jenn and Austin discuss how to start the conversation of consent, and how to connect the curriculum to home.

- **Watch here:** [Starting the Conversation of Consent - Connecting the Curriculum to Home](#)
- [Frequently Asked Questions about Puberty](#) – as your child starts learning more about human development, our school health team wants to support adults with answering some of those tricky questions.

Niagara Ontario Health Team – Events Calendar

The [Niagara Ontario Health Team](#) created an events calendar tool to highlight the diverse activities happening in our region. This initiative highlights the importance of health and wellness. It also serves as a valuable link, connecting community members to resources available in Niagara.

The [calendar](#) makes it easier to find and explore new things to do. It also helps create meaningful connections in our community. Visit today to learn more about what is going on near you!



Benefits of Risky Play



Did you know that letting kids [play freely outdoors](#), even if it involves a bit of risk, is super important for their growth and well-being? Learn about the benefits of exciting play that might seem a little risky, and how it can help kids develop better physically, mentally, and socially. Let's rethink how we see risks and explore how adventurous play can actually help kids stay healthier and happier in the long run. Join us in creating a world where every child has the chance to thrive!

For more information on what it is meant by risky play, check out [Active For Life webpage](#).

Happy Oral Health Month!

Niagara Region Public Health Dental Program offers **FREE** dental clinics for children and youth 17 and under throughout Niagara.

Appointments are available for children in:

- Niagara Falls on Tuesdays
- Thorold on Mondays (afternoon and evening) and Wednesdays
- Welland on Thursdays



[Niagara's Mobile Dental Clinic](#) also travels around Niagara to various locations throughout the week.

All of our dental clinics offer free dental assessments, cleanings, fluoride and sealants. To book an appointment [contact the Dental Program](#) or [book a dental assessment online](#).

REGISTER FOR SEPTEMBER 2024 !

If you know of a family that will be joining us in September and they have not registered, please encourage them to do so. Students who were born in 2020, are of school age to start in September 2024!

But my God shall supply all your needs...

PHILIPPIANS 4:19

Spring BLESSINGS



April 2024



Get Your Glow On Dance Party Fundraiser Friday, April 26, 2024

On Friday, April 26th, students will enjoy a fun-filled **DANCE PARTY** as a new fundraiser.

Everyone has a chance to not only have fun but **WIN TOO!**

How do you win??

1. Collect pledges! Each person who donates and makes a \$10 pledge will be entered into a draw to win a 32 inch smart T.V. Don't forget to record names on the pledge sheets provided to keep track of everyone who donates so that they have a chance to win the smart T.V. Please return these sheets to the school by April 23rd.

ALL money is submitted through SchoolCash Online.

2. The family that collects the most pledges, each student of that family gets to be a chosen staff member for the day (ANY staff member!), each will enjoy a free lunch and the entire family will win a 32 inch smart T.V.
3. Over 40 incentive prizes to be won that have a retail value from \$5 - \$400. EVERY donation gets entered in the draw AND for every \$10 donation students will be entered into a draw to win one of the 40+ prizes. Prizes include: crafts, games, sporting equipment, tech items and so much more!! The grand incentive prize is an Inflatable Stand-up Paddle Board Package.





Niagara Catholic District School Board: Community Events



Niagara Catholic
Parent Involvement
Committee

You're Invited!

Family Faith, and Learning WORKSHOPS

Thursday, April 11, 2024

HOLY CROSS CATHOLIC SECONDARY SCHOOL
460 LINWELL RD., ST. CATHARINES

Choose two workshops presented by Niagara Region Public Health

Click on the icons for further details



**RAISING
COMPETENT,
CONFIDENT KIDS**



**YOUTH
CONNECTEDNESS:
HELPING
STUDENTS THRIVE**



**ADOLESCENT
BRAIN AND
SUBSTANCE USE
PREVENTION**

[CLICK HERE
TO REGISTER](#)

5:00 pm Light Refreshments • 5:30 pm Fr. Paul MacNeil Family Prayer
6:00 pm Breakout Session 1 • 7:00 pm Breakout Session 2

Childcare Available (school age children up to 12 years of age) • Workshop Raffles

ACCOUNTABILITY • COMMUNITY • COMPASSION • FAITHFULNESS • INTEGRITY • JUSTICE • STEWARDSHIP

LAKESHORE CATHOLIC HIGH SCHOOL

proudly presents...



FERRIS BUELLER'S DAY OFF

Adapted from the classic 80's film, written and Directed by JOHN HUGHES

Wednesday May 1st
Thursday May 2nd
Friday May 3rd
Saturday May 4th - 2024
7:00 pm (doors open at 6:30pm)

Tickets \$ 20 - General Admission
\$15 for Students

For tickets contact Nancy Bodis in Main Office at Lakeshore Catholic
(905) 835-2451 or nancy.bodis@ncdsb.com

LAKESHORE CATHOLIC HIGH SCHOOL PERFORMING ARTS CENTRE
150 Janet Street Port Colborne, Ontario