

WORLD WATER DAY (BIG GULP) & EARTH HOUR



On Friday, March 22, 2023 we will celebrate World Water Day. We will raise awareness of the 2 billion people living without access to safe water. As a school, we will also participate in a synchronized big gulp of water which promotes the importance of reducing single use plastic waste. All students are encouraged to bring a reusable water bottle for this event.

We will also celebrate Earth Hour together on Friday March 22 here at school by turning off all unnecessary power and lighting. Students and families are encouraged to participate in Earth Hour at home as well on Saturday March 23. Bring in photos of how your family celebrated Earth Hour and we will showcase them on our Eco News bulletin board in the foyer of the school.

CALLING ALL NEW KINDERS

CALLING ALL CHILDREN TURNING 4 THIS YEAR!!!! (BORN IN 2020)

PLEASE REGISTER ON-LINE AT
WWW.NIAGARACATHOLIC.CA

CLICK THE BLUE REGISTRATION TAB
"REGISTER NOW" YOU WILL NEED TO
CREATE AN ACCOUNT.

BASKETBALL

Congratulations to both our Intermediate Boys and Girls Basketball Teams who did an excellent job at the Tournament. Thank you to Coaches Mr. Mastroianni and Mrs. Lawrence. We are very proud of your accomplishments!

CATHOLIC SCHOOL COUNCIL

Our last two Catholic School Council meetings will be held in April and June.

GRADE 8 GRADUATION

SAVE THE DATE: Thursday, June 20th.

PUBLIC HEALTH

Niagara  Region



Connect with a public health nurse at Niagara Parents



905-684-7555 or
1-888-505-6074 ext. 7555



parents@niagararegion.ca

Live Chat



niagararegion.ca/parents



Niagara Parents

Niagara Parents provides a variety of services to help you raise a happy and healthy family

Learn more about pregnancy and caring for babies, children, and teens at

niagararegion.ca/parents

Niagara  Region

Niagara Region Public Health

School Health

For Parents

Nutrition Month

March is [Nutrition Month](#) and Dieticians across Ontario are focusing on building a healthier tomorrow for everyone in our community.

- Check out this [free downloadable e-recipe book](#) from UnlockFood.ca
- Brush up on food safety skills with this quick [Food Safety - True or False Quiz](#)
- [Age-appropriate meal planning and preparing tasks](#)

Information on COVID-19 and vaccine eligibility is available on Niagara Region Public Health's [website](#), [Facebook](#), [Twitter](#) and [Instagram](#).

Niagara Parents

We remind parents and caregivers that Public Health Nurses are available to answer questions and provide reliable advice about pregnancy, newborn care, infant feeding, child or parental mental health concerns, and community supports through Niagara Parents.

Individuals can connect with a public health nurse at [Niagara Parents](#) Monday – Friday, 8:30 a.m. – 4:15 p.m.:

- Call 905-684-7555 or 1-888-505-6074 ext.7555
- [Email](#)
- [Live Chat](#)
- [Facebook Messenger](#)

Thank you to all that participated in our 24 Days of Giveaway Calendar.

Calendar #: The winners

100	Duke H
54	Dante B
14	Bowen L
21	Emileo M
129	Dante B
135	Dante B
140	Maria D
77	Kyra T
93	Duke H
67	Parker M
24	Ryleigh S
111	Maria D
40	Ariya H
76	Kyra T
11	Dejauna L
171	Brooklyn F
147	Mya B
16	Allana S
102	Spencer L
25	Cooper M
57	Connor S
120	Lucas L
157	Emma R

The fundraiser raised \$1810.00