



# Assumption Catholic Elementary School



Proudly part of the HOLY CROSS Secondary Family of Schools

## February 2024 Black History Month



### Kindergarten Registration

#### Open House

Tuesday, February 6th

9:00 a.m. - 6:00 p.m.



Children turning 4 years old by December 31<sup>st</sup>

Online registration for NEW KINDERGARTEN students at

<https://niagaracatholic.ca/registration/>

In order to finalize your child's registration, you will need the following (original) documentation:

- Proof of child's Legal Name (Birth Certificate, Birth Registration Form)
- Proof of your child's age (Birth Certificate, Birth Registration Form, Baptismal Certificate)
- Proof of full address (e.g. bank statement, utility bill, or similar documentation).
- Any relevant custody order documents



## Kids Helping Kids

Niagara Catholic's Annual Kids Helping Kids fundraiser will take place from February 12-24, 2024

Kids Helping Kids is a fun, informal fundraiser, which supports these causes through paid participation in events such as Jersey Day; Red, White and Pink Day; Pajamas Day and Creative hair/hat Day. All donations can be made through [school cash online](#)

Monday, February 12<sup>th</sup> Jersey Day

Tuesday, February 13<sup>th</sup> Red, White and Pink

Thursday February 15<sup>th</sup> Pajamas Day

Tuesday, February 20<sup>th</sup> Creative hair/hat Day

## Up and Coming Food Days & Tuck Shop Days



Friday, February 2: Swiss Chalet/  
Tuck Shop Day

Wednesday February 7: Pizza Day

Thursday February 8: Pizza Day

Friday February 9: Tuck Shop Day

Thursday, February 15: Submission  
Subs

Thursday, February 22: Pizza/Tuck  
Shop Day



**PINK SHIRT DAY**  
**WEDNESDAY, FEBRAURY 28, 2024**

Wednesday, February 28th is Pink shirt Day. The theme for Pink Shirt Day 2024 is “Lift each other up”, a simple but powerful message encouraging us to look beyond our differences and celebrate the things that make us unique. When we lift each other up, we see beyond the things that separate us and see instead the things that unite us as people; we can see how our differences are beautiful.

Everyone is encouraged to practice kindness and wear pink on Wednesday, February 28, 2024.

For more information, visit [www.pinkshirtday.ca](http://www.pinkshirtday.ca).

On Wednesday, February 28



**WEAR PINK**

**SHROVE TUESDAY**

We will be serving pancakes on Tuesday, February 13th, 2024. Students will receive a pancake snack.

**Students will still require a lunch and snacks on this day.**



**ASH WEDNESDAY**

Ash Wednesday is on February 14th, 2024. Ashes will be done at St. Alfred Church.



**TERM 1 REPORT CARDS**

Term 1 Report cards will be available on Parent Portal Feb. 15, 2024

Parent/Teacher conferences will be upon the request of parent and/or teacher.



**Waste Free Lunch Wednesdays**  
**Feb. 7, 21 & 28**

Students will need to bring an entire lunch bag of food that consists of zero waste. Some examples of waste free lunch would be, packing a lunch in reusable containers and using utensils. Each student will receive a point for bringing in a waste free lunch, at the end of the month whichever class has the most points for all three Wednesday's will receive a prize!



**FAMILY DAY WEEKEND**

There is a P.A. Day on Friday, February 16th & Family Day is Monday, February 19th. Enjoy the days off with your family.



**Order your THUNDERHAWK 'Spirit Wear'**

<https://www.bigbearspiritwear.com/assumption-thunderhawks/>



# Live the Skilled Life!



Skilled  
Trades  
Promotion  
Night

FOOD  
STATIONS

PRIZE  
GIVEAWAYS

**THURSDAY FEB. 1 • 6:30PM - 8:30PM**  
**»»Denis Morris Catholic High School««**  
**St. Catharines**



Learn about how the trades and apprenticeship pathway can be a great choice for you, from industry and government partners.

Speak to company, union and agency representatives about the options available for your future.



## Niagara Region Public Health School Health Newsletter February 2024

### Welcome to Kindergarten!

#### Do you have a little one starting Kindergarten?

Parents and caregivers may have inquiries about what to anticipate as their children embark on their school journey. Working collaboratively with teachers, support staff, students, and parents, your School Health Nurse strives to create a healthier school community.



Check out our Welcome to Kindergarten video that reviews a few helpful reminders from Public Health!

- English: <https://youtu.be/mkJcbqxwzzk>
- French: <https://youtu.be/eu20sVNoTOU>

### Eating Disorders Awareness Week

From **February 1st to 7th 2024** join, National Eating Disorder Information Centre and, eating disorder groups nationwide come together to observe [Eating Disorder Awareness Week](#). This dedicated week of action aims to educate the public about eating disorders, raising awareness of their impact, dispelling harmful stereotypes and myths, and highlighting available support for those living with or affected by these disorders.

Discover the support services provided by the National Eating Disorder Information Centre for [parents and caregivers](#). Below are some resources worth exploring:

- [Niagara Region x National Eating Disorder Information Centre "Transform the Narrative" Livestream](#)
- [A Parents' and Caregivers' Guide to Supporting Youth with Eating Disorders](#)
- [A Guide to Discussing Your Concerns with Your Child's Primary Care Provider](#)
- [Coping Strategies for Families and Partners of an Individual Living With an Eating Disorder](#)